

7 FEBRUARY 2020 | ISSUE 43

# The Callington Voice

OFFICIAL NEWSLETTER OF CALLINGTON COMMUNITY COLLEGE

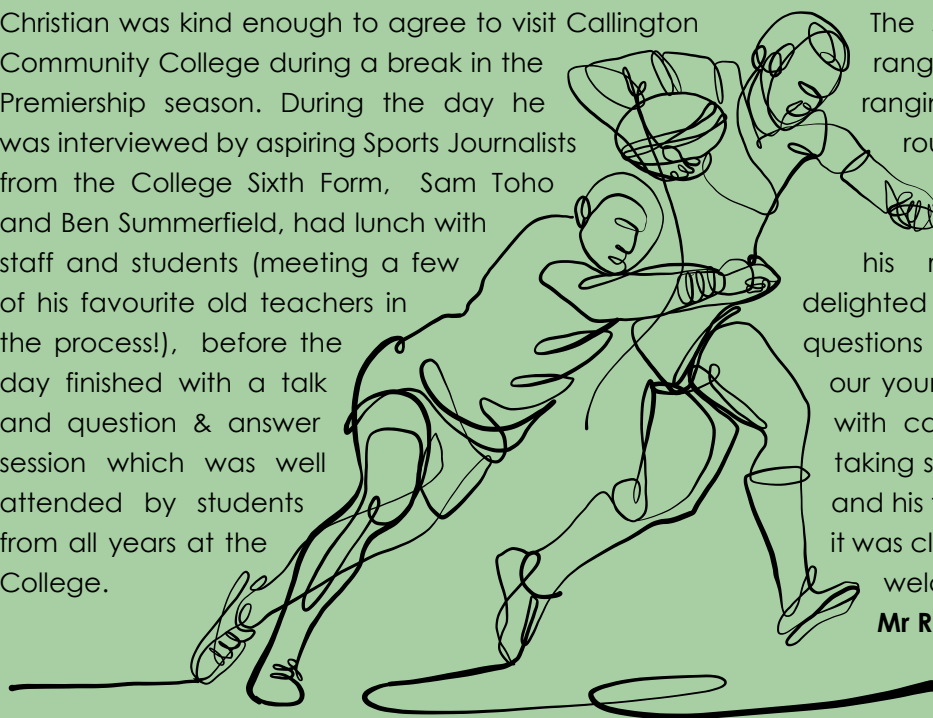


## Winners never quit and quitters never win!

Professional rugby player, Christian Judge, recently returned back to his roots in Cornwall and we were lucky enough that he made time in his busy schedule to visit his former secondary school thanks to the efforts of young Bath supporter and Callington Community College student, Harry Reddicliffe, in Year 8. Harry and his family are keen fans of Premiership Rugby club, Bath, and initially contacted Christian to see if he was willing to meet them before the game for photos, something which he was more than willing to do. During the meet and greet it was mentioned that perhaps Harry could interview Christian and thus an idea was born!



Christian was kind enough to agree to visit Callington Community College during a break in the Premiership season. During the day he was interviewed by aspiring Sports Journalists from the College Sixth Form, Sam Toho and Ben Summerfield, had lunch with staff and students (meeting a few of his favourite old teachers in the process!), before the day finished with a talk and question & answer session which was well attended by students from all years at the College.



The students bombarded Christian with a range of carefully thought out questions ranging from his gym, diet and training routine, the advice he would give to his younger self (be more confident!) and his favourite moments so far in his rugby career. The students were delighted at the opportunity to ask Christian questions and he was a fantastic role model for our young people, dealing with their questions with care and attention and even patiently taking selfies with all who requested one. Harry and his fellow students had a fantastic day and it was clear for all to see that Christian would be welcome back to the College at any time!

**Mr R Taylor**

# The pride of Callington Community College

**Who are you and what do you do?** I'm Chris Judge and I'm a professional rugby player for Bath rugby club.

**What did you achieve at Callington?** I studied from Year 7 all the way through until Sixth Form, I did History, Geography, and Economics for my A-Levels and got three A grades and I went on to study History at the University of York."

**What got you into rugby?** I started when I was about 8 years old, I was with my mum and dad who are big rugby fans and we were watching it on the TV and I turned around and told them I want to give it a go and went on from there really.

**Did you have any teachers who inspire you at Callington?** Yeah of course. We didn't have much of a rugby team but a lot of my teachers were big rugby fans anyway, and obviously all of the PE teachers were supportive, Mr Murray coached the rugby team.

**What team did you play for when you attended Callington?** From Under 9s through to Colts I played for Launceston, after that, I went to University and played Sunday League, which is more laughing and joking, for my first two years. In my final year, I wanted to take it a bit more seriously and joined the University team playing for the 1st team.

**What advice would you give to your 14-year-old self?** If I were to look at my 14-year-old self again I would say have more confidence, because for me personally at school I used to work really hard but get

very stressed about exams, and one thing I've learned about rugby in the last few years is that if you put the hard work in, generally, you don't have to be stressed because if you've put the work in the results will follow.

**Do you have any future goals?** Yes, since I've become a professional I'd love to play for England, even just once. It used to be to play in the Premiership but I've done that now so playing in the England squad is my life goal.

**What's your favourite position to play?** It has to be the position I've always played which is tighthead prop, I don't think I'd be professional if I played any other position.

**Who are your biggest competitors in the league?** That's a tough question, I'd say three or four years ago I'd say there were a few teams bottom of the league and a few teams top of the league, whereas now, not so much this season, you have Saracens and Exeter at the top of the league. Playing at Bath obviously for me Bristol is a huge rivalry so is Exeter really, I'd say it's not about the competition it's a lot more about the rivalries as the league itself is quite tight anyway.

**Who's the most intimidating person you have contested on the pitch?** It's strange really because once you play for teams like Saracens and now for Bath you get used to contesting big players. Like at Saracens you've got Billy Vunipola who isn't small. You get used to running into these big people so I don't know who my most intimidating player is but I'd have







to say coming up against an international player makes you realise why they're international players.

**What is the proudest moment in your career?** I'd have to say playing in the Premiership final last year, I didn't play for long, I think only like the last eight minutes I came off the bench and played well, and I was on the podium when we won.

**What passions do you have outside of rugby?** I'm a big fan of music. When I was here I used to play the guitar a lot which has kind of dropped off a bit but is something I'm recently trying to get back into. Apart from that probably just the gym as cliché as that is but rugby is

the main interest and now it's become my career.

**What's your favourite pitch to play on?** I'd have to say Twickenham, the England pitch, 65,000 people, as you walk out there are fireworks and flames. It's hard to describe how that feels.

**Who's your biggest inspiration in rugby?** When I was younger I used to really enjoy watching Jonah Lomu watching him run over people and smash into people was something I really enjoyed. But I think for my career really is my coach from the University team, when I was on the Uni team I had so much work to do that I wasn't doing so I told him I had to pack in the rugby. Then he took me to one side and told me if I really tried he really believed I could become professional, which was something no one had ever really said to me, it was just a hobby and a bit of fun so when he said that to me it was my biggest driving force and lead me to where I am today. Obviously I have to give credit to my mum and dad as well.

**Interview by Sam Toho and Ben Summerfield (Year 12)**

**Young people have the power to change the world!**

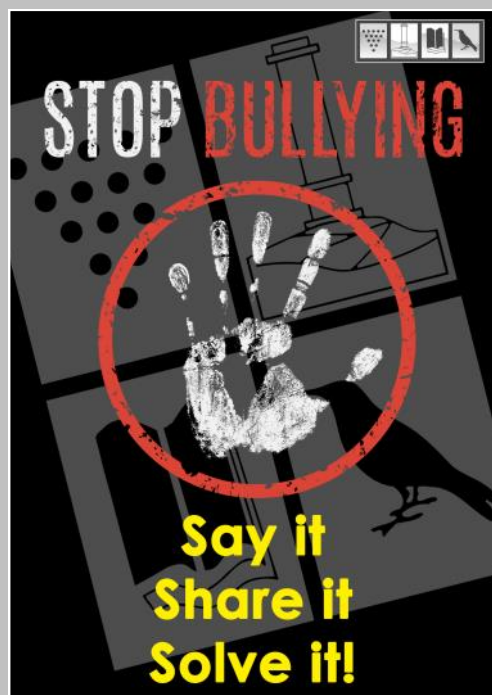


Next Wednesday the College is welcoming the Diana Award organisation who will be delivering Anti-Bullying Ambassador Training to students and ninety others from around the local area.

We are very excited to secure this training for our students. We are looking forward to watching them network with other passionate young people, share

ideas and good practice around anti-bullying. The intention of the day is to develop our school's anti-bullying work and allow our students the opportunity to explore the issues around bullying in a creative way.

There will be a follow-up article in The Voice to report back on the work of this fantastic organisation. **Mr A Murray**



# Crime Scene Investigation



Hannah Rundle in Year 12 has been awarded the High Sheriff Police Cadet position for Cornwall. Hannah had to do a presentation and she chose Forensic Science and Crime Scene Investigation. The cadets had to sit two exams as well. Police Cadets from Devon

**CRIME SCENE - DO NOT CROSS LINE - CRIME SCENE - DO NOT CROSS LINE -**  
**CRIME SCENE - DO NOT CROSS LINE - CRIME SCENE - DO NOT CROSS LINE - CRIME SCENE**

and Cornwall competed for the position. We were so proud of her. **Well done Hannah!**

## Exeter Scholars



For a number of years we have worked in partnership with Exeter University on their Scholars Programme. This is one of a number of university led initiatives across the country with Exeter being our local provider. We have a number of students in Year 10, 11 and 13 who are part of the current programme and we are currently looking to recruit some Year 10 participants for a fully paid residential programme over the Easter holiday.

Some of our current Year 11 went on the residential last year with one parent commenting: "My son's application was selected by the university and he attended a 4-day residential during the Easter holidays. Wow, what a fantastic 4 days this was for him. He made many friends, absolutely loved university life, he loved the FOOD! He discovered that he has an interest in Law after a lecture on this. He enjoyed the sports and the social side too. It has sparked something in him that we had not seen before and he would very much like to attend university in the future. I am very grateful to the teachers for giving him this opportunity". There are certain criteria: You are predicted a minimum of 8

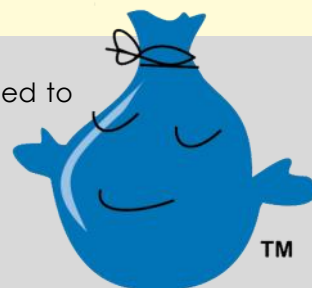
GCSEs at grades 9–4, including Maths and English at Grade 4 or above: You live in either Devon, Cornwall, Somerset, Bristol, or Dorset.

In addition, you meet one of the following 8 criteria:

1. You live in a neighbourhood where a low percentage of young people progress to higher education as defined by your home postcode.
2. You live in a low-income neighbourhood as defined by home postcode.
3. You are in receipt of free school meals.
4. You are eligible for school bursaries.
5. Your parents have not studied at university.
6. You are or have been living in care.
7. You have caring responsibilities.
8. You have a disability.

If you are interested in applying on behalf of your son or daughter then you will need to apply by 14th February 2020. Applications forms are available at [www.exeter.ac.uk](http://www.exeter.ac.uk). **Mr J Plunkett**

The College would like to offer its sincere thanks to all those who generously contributed to the recent Bag2School collection. A total of £144 was raised towards new books for the College Library. Hopefully our students will enjoy reading some new books and people we have never met will benefit from the donated clothing! **Mr C Bennett**





# Primary Badminton

On Thursday 30 January we welcomed Year 5 and 6 pupils from Delaware, Calstock and Stoke Climsland primary schools for our first badminton event of the year. This festival was all about introducing the young people to the sport of badminton, through fun team games and activities, and then a round robin doubles tournament to finish the morning. Our Year 7 and 8 Sports Leaders organised and delivered this event with confidence and enthusiasm - you wouldn't have known that it was their first one! They encouraged and praised the primary pupils, explaining the activities clearly and scoring the tournament accurately. We are now eagerly anticipating our next festival, which sees us provide the same badminton experience for younger pupils in Years 3 and 4. Well done to all of the leaders that provided such a great experience on the day. **Miss C Mitchell**



## Erupt with Plymouth University

We arrived at the university to be greeted with a bag full of goodies: Volcano Top Trumps, pens and pencils - with the added bonus of a free lunch! The day was jam packed with a series of lectures on Earthquakes, Volcanoes, sinkholes and Tsunamis. The Highlight was a talk from Professor Iain Stewart on communicating geo-hazards and disaster risk. It was quite alarming how some people still choose to live in some of the most hazardous areas in the world, even when the

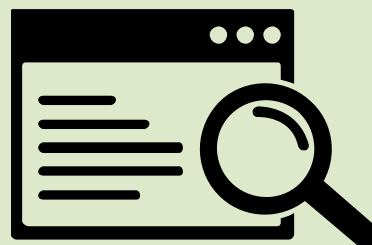
risks are so high! The trip was a fantastic opportunity for our Geography A-Level students, it has increased the students' knowledge of geological hazards and has given them a real insight into university life. The Year 12 students were engaged and polite - a real credit to our school. We look forward to working more closely with Plymouth University in the future. A massive thank you to Mr Williams for organising this trip. **Mrs R Piper**



## Helping our environment one search at a time!



Sustainable Callington Eco Tip #1.  
Use the Ecosia search engine. Like any other search engine but they use their profits to plant trees. Over 83 million trees planted so far.  
[www.ecosia.org](http://www.ecosia.org)



# Schools National Trampolining



Three students from Callington Community College travelled to Gillingham in Kent to compete in the zonal round of the Schools National competition on 19 January 2020 - Arran Stannard-Heap Year 10, Dylan Rundle Year 10 and Oliver Vine Year 7.

Arran was up first in the Year 10-11 Elite boys category. Arran has been suffering from severe shin splints which has meant a break from training. Having only come back a few weeks ago, achieving 5th place at elite level is impressive. Hope you're back to full strength again soon. Next up was Oliver, he completed two lovely routines earning himself a silver medal and is through to the finals at the end of March. Good luck Oliver. Last up was Dylan, he has suffered from changing routines almost every week to obtain a higher tariff which is complex. He performed well and obtained 5th place in the U19 category. Dylan and Oliver are also hoping to qualify to trial for the South West squad in March fingers crossed. Well done lads another cracking performance. **Jo Rundle (parent)**

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## Attendance Update w/c 27.01.20

You've got to be in it, to win it!

**7AMR**

**100%**

**8SFV**

**99%**

**9KSY**

**98.3%**

**10CEM**

**95.4%**

**11LSF**

**91%**

Do you have any good news stories that you would like to share?

Contact us via e-mail

**[thevoice@callingtoncc.net](mailto:thevoice@callingtoncc.net)**





# Girls Football Update

The U13 and U15 girls football teams took part in an East Cornwall tournament on Wednesday 5 February. The U13 team played some flowing, fluent football, working together like a well-oiled machine, despite this being only their second outing as a unit. Olivia and Robyn made very impressive debuts, alongside composed and confident fellow Year 7 students, Scarlett and Macy. Karlie kept a clean sheet with some heroic saves, with Erin, Lauren and Elowen using their experience as Year 8 students to control the midfield. The U15 team were missing their keeper, with Angharad and Becca taking turns to guard the goal. Chantelle was electric in the midfield, supported by Millie with some great efforts on target. Becca was a threat on the wing, with Bex, Rosie and Mia holding firm in defence and ensuring that no team could get a shot away, whilst Ruby showed huge dedication to the team. The U13 team finished joint top of their group, whilst the U15 team came out as group winners. Congratulations to all players, and we look forward to the next tournament after half term! **Miss C Mitchell**



## Florida 2020



Plymouth Swallows Elite girls will be travelling to Florida, America for an international competition. We have been raising money: bag packing, gym sleepovers, cake sales and much more to be able to pay for the plane, the leotards and the minibus. We have been training hard to be ready for America hoping we will be able to compete the moves we have been working on. Also we struggled raising enough money for America because last year we had to raise money for a new foam pit which was a lot of money.

Early on Monday morning, roughly about 3am in the morning we will be travelling up to Gatwick airport ready for our flight at 11:00 am. This will be a 10 hour flight. When we get there we will just be settling-in and unpacking. Throughout the week we will be having fun going to theme parks, Disney, Universal, waterparks and beaches. On the last couple of days we will be competing. We will be doing all the apparatus: bars, beam, floor and vault. **Lily Davis Year 7**



# Callington v Bodmin

Recently I had the opportunity to accompany the Year 10 football team with a fixture against Bodmin College. The pre-game build up started in almost shambolic fashion, with a number of boys pulling out due to injury and illness. So with this in mind and having never met the team, I took the kit up to the astro anxiously waiting to see who arrived.

Using my strong mathematical skills, I counted the boys when they arrived and even after checking twice, we only had 10. We warmed up and had a motivational team talk, discussing team tactics, whilst playing against Bodmin's 11. We filled the midfield and the defence and played with one striker.

The game began and right from the start it was unclear who had the depleted side. We started in outstanding fashion - going 1-0 up within two minutes. The lone striker Fin Harrison, connecting to a long ball and finishing clinically. That settled the nerves and allowed the Year 10 boys to relax.

Within 10 minutes, we were 2-0 up, once again the lone striker Fin Harrison making light work of the Bodmin defence and scoring again. The game continued; Matt Steed and Liam Raglan took control in the middle of the park, controlling the pace of the game and continuing to make chance after chance.

Fin Putna had several chances and he was unlucky not to score about 8 goals....however, for as hard as he tried, he did not score. However, Fin Harrison scored another 2, taking his tally to 4, for the first half.

The second half started in the same fashion, high tempo and good football. Within two minutes, Bodmin had a chance, which was well kept out by Ben and cleared away by Jonny Banfield. We then immediately broke away and Liam Raglan broke through the defence, forcing a foul and winning a penalty. Liam Raglan scored the penalty putting us up to, 5-0. After a brief kick off, we found ourselves back in the opposition box, once again Fin Harrison netting and nearly taking the keepers head off in the process.

Then, a little stroke of genius from Matt Steed led him to score one of the best goals I have ever seen. Some incredible intricate play between Harrison, Raglan and Steed kept Bodmin on their toes, a little one-two between Raglan and Steed caused Steed to be in space and he took his opportunity to curl the ball into the stanch...absolute top bins!

At 7-0, the game became a little deflated but Callington continued to press, keeping the ball, even with ten men. Bodmin trying desperately to get a goal, made for big gaps on the pitch. The game became more like a giant game of ping pong.....end to end with very little football being played. However, in the midst of the ping pong, the ball broke through, once again, Fin Harrison slotted home his sixth of the evening. A double hat-trick for him. All round the performance was outstanding. That's two wins for two for me - 100% win record. Not even Klopp has a record like me. **Mr R Hammond**







# Year 11 Booster Sessions

**Year 11 students are invited to attend after-school classes daily in the run up to their exams.**

The after-school revision sessions are aimed at helping students to prepare, as early as possible, for the public examinations in the Summer.



The sessions are designed to improve candidates' grades by increasing their knowledge, refining their examination technique and by boosting confidence.

All students are welcome to attend any of the sessions. Please check out the College website and the Countdown to Exams section for further details.

Should there be a conflict in the timing of revision sessions, students must prioritise which ones best suit their study needs, to help, Wednesdays are generally for English and Thursdays for Maths. Please remember that revision is not always easy, but students are more likely to succeed if following a revision programme.

# The Science of Happiness

by @inner\_drive | [www.innerdrive.co.uk](http://www.innerdrive.co.uk)



**Don't make being happy your goal**



**Connect with other people**



**Prioritise time over money**



**Do something kind for someone else**



**Prioritise experiences over material things**



**Exercise a little bit**



**Embrace bad moods**



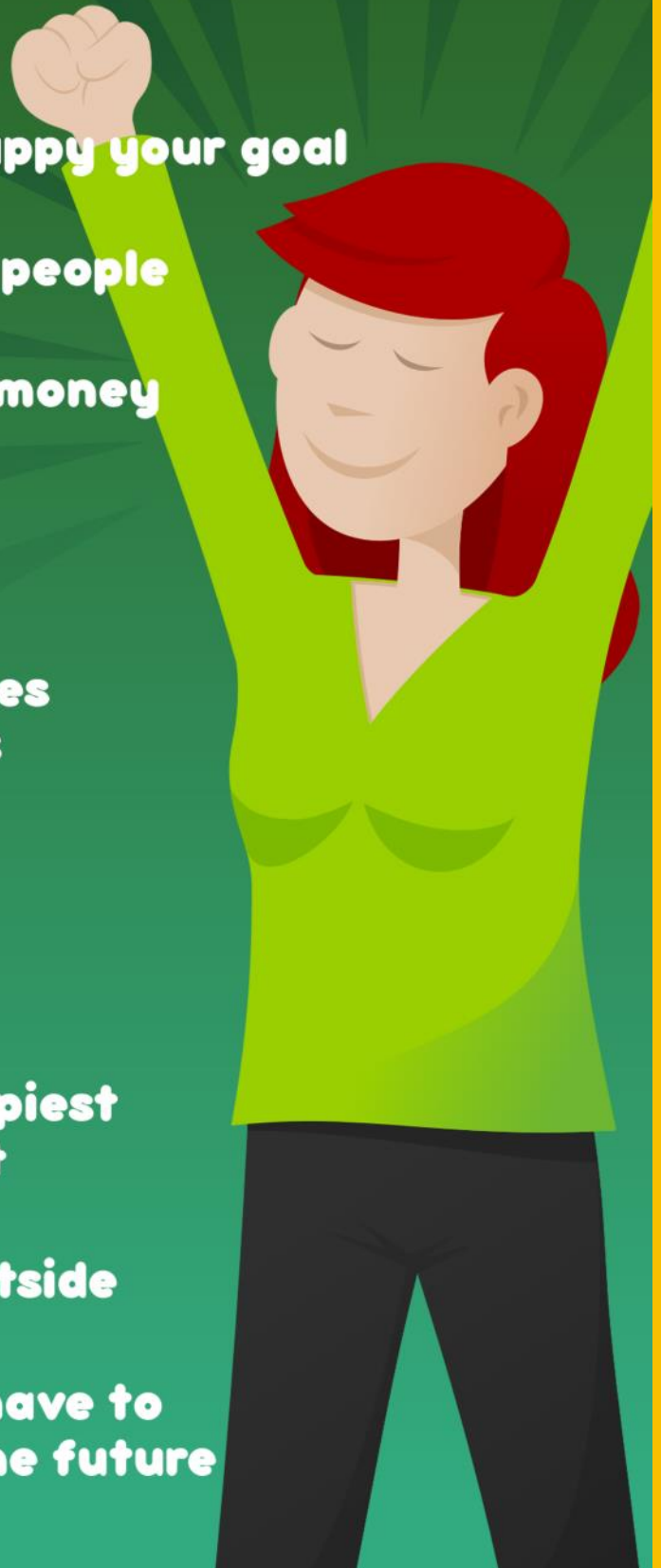
**Remember your happiest moments in the past**



**Spend some time outside**



**Focus on what you have to look forward to in the future**







The Learning Institute  
South West  
Teacher Training

PRIMARY & SECONDARY SCHOOL  
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DEVON & CORNWALL

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Health check

#### HOW DO I APPLY?

Applications are through Teacher Training section on UCAS at [ucas.com](http://ucas.com)  
Apply from mid October

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Specialised and bespoke programmes may be considered for an unqualified teacher with at least 2 years' experience in teaching

#### KEY FEATURES OF THE COURSE

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- Training in at least 2 schools
- Taught sessions with focus on both subject and professional learning at our training base or in schools
- High quality tutor support
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- Tasks related to professional development
- Evidence portfolio for Qualified Teacher Status

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