

The Callington Voice

OFFICIAL NEWSLETTER OF CALLINGTON COMMUNITY COLLEGE



The only way is up for Callington!

It is with enormous pride and pleasure that I write to you this week, following our Ofsted inspection. Whilst the finer details of the inspection can't yet be shared, until the official report comes through in around 30 days; it has come through clearly that we have lots to celebrate.

Student behaviour and conduct around the College was exemplary and there was recognition of how wonderfully articulate our students were. I was privileged to be in some of those meetings with students and I was incredibly proud to hear them talk so positively about their relationships with teachers and their aspirations for the future. This is a school with a big heart, and this was visibly on display for all to see, not just over the two days but since my arrival. Staff have worked incredibly hard to produce ambitious, high quality curricula, ably supported by excellent subject knowledge and strong interpersonal relationships with students. All staff are deeply committed to the provision of a curriculum with ambitious intent.

There was recognition from the inspection team that we are a 'Community School' and students and staff described it accordingly in their interactions with them. One student quoted that "We have the same shell, but inside we are a new school."

Following the College's period of turbulence and change, it has been an honourable experience to be part of the transformation and lead the College to its next, very exciting future. On the morning after the inspection had finished, we collected the whole school community in the hall to celebrate how far we have come and be thankful to everyone for their role in this. Never before have I experienced such a proud moment. This is a College now well on its way to being the most exciting and dynamic school in Cornwall! Thank you to everyone in the community whose support has been so vital in our transformation. We are stronger together and together, we can only get better. **Mrs W Ainsworth**





Are you ready for exams?

Thursday 3 October
6:30 - 7:30pm - Main Hall

Year 11 Parent Information Evening

Netball season off to a great start

The Netball Season is off to a great start. Saltash and Liskeard arrived to play the new league in our Dome which meant finally after years, rain hasn't called off play. Our undefeated Year 0 team went in with the confidence they have earned throughout the years and certainly looked the part in the team dresses. Using their well drilled centre passes and discipline throughout, they secured a very convincing win against Saltash first, winning 12-0 and a tougher game



against Liskeard but still leading out in front to win 5-3. The Year 9 team were not to be out done! Most had come together at the end of Year 8 with some new players welcomed to the team this year. The first game ended in a draw against Saltash but they managed to win against Liskeard 2-0. This is a very positive start to the Netball season. Well done to all the girls that played.

Mrs V Hastings

Spread the word - this is the place to be!

What a busy four weeks we've had! Our students are now fully settled in and the six week holidays must now seem like a lifetime ago. Our Year 7 visited Adrenalin Quarry in week three and had a fabulous time. (see the pictures on the next page). I met some of them coming back in the afternoon and the smiles on their faces revealed what a fabulous time they'd all had. As we speak, Mrs Dunlop (Head of Year 8) is planning a day out for her year group, who sadly missed out on this opportunity last year.

This is just one example of how we are listening to you. Your feedback is incredibly important to us, we are truly a community school and as such, only become stronger through honest and open communication. Many thanks to those parents who completed our survey; it has provided a useful benchmark of where we are now and where we need to be. We have relaunched our anti-bullying initiative this term in response to your feedback to ensure that students clearly understand the ramifications of their unkind actions and know what actions to take if they see anyone in distress. Our new motto of '**Say it, Share it, Solve it**' comes directly from our school leadership team and has been welcomed warmly by students. In addition, we will be training some anti-bullying ambassadors in January to further ensure that our responses are fair and robust.

Some parents identified that they had difficulty accessing homework via our 'Show my Homework' app. Where this is the case, we have made sure that our school library is

available at each break, lunch and after school, so that students can log in and access/print off their work. If difficulties still persist, please let us know and we will find a solution.

National Climate Strike day on Friday 20th September was a further opportunity to feel proud of our students. They involved themselves in a host of activities over the course of the day, with rousing speeches in the canteen, banners and posters displayed triumphantly and the students got involved in planning and delivering eco-lessons to their fellow students.

Finally, we have held our Open Evening and follow up Open Mornings this term. Our staff put on a fantastic event, with so many joyous activities that young people could engage in. Our hall was fit to burst on the evening, with us running out of seats at one point! This is testimony to the work of the College over the last few years and our excitement about the year ahead.

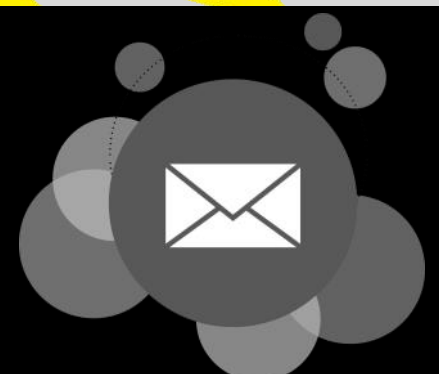
Spread the word, Callington Community College is the place to be! Our relationships with our young people are our bedrock. Our commitment to them and their futures and our passion to delivering a broad curriculum offer with enriching extra-curricular opportunities is testimony to our high standards and more importantly our ambitious hopes for the young people in our care. As ever, please do get in touch if you would like to come and visit us and see our work in action. **Mrs W Ainsworth**



Do you have any good news stories that you would like to share?

Contact us via e-mail

thevoice@callingtoncc.net



Life begins at the end of your comfort zone!



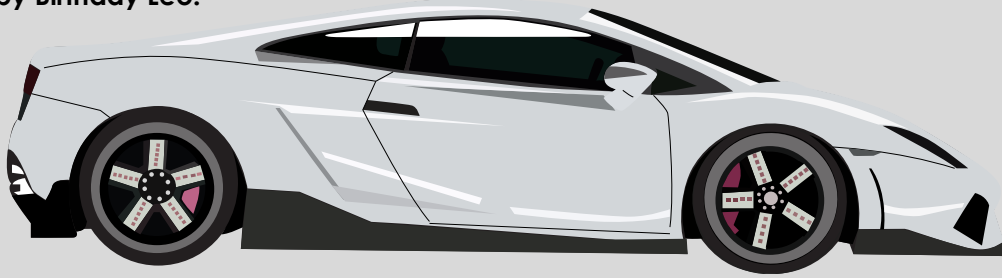
I feel the need, the need for speed!

Our very own Leo Tinknell was given the birthday surprise of his life.

Leo, who doesn't let anything hold him back, enjoyed a day at Everyman Racing and had the opportunity to ride with a dedicated driver alongside lots of other fast cars. Mum, Jackie, said 'He told me it was his best day ever'.

Leo is Lamborghini-mad and this surprise came about due to the generosity of the Mad Mommas Airsoft team who clubbed together and paid for the day. Jackie has paid tribute to the club who have made Leo so welcome.

Happy Birthday Leo!



FIND US ONLINE | WWW.CALLINGTONCC.NET

Attendance Update 16.09.19

You've got to be in it, to win it!

Year 7

7AL

100%

Year 8

8IS

98.6%

Year 9

9MHD

99.1%

Year 10

10YG

96.3%

Year 11

11MP

98.6%

A Plea from CCC's Student Leadership Team

We are working towards supporting our younger students during Break 1 and Break 2. How can you help? If you have any games which you no longer play but are in sound condition, PLEASE could you donate them to the College! **N Mugridge-Guest (Head Girl)**



Futures Day

On Thursday 19 September we hosted the first of our Futures Day.

The rationale behind the day was for our students to have a chance to consider their futures both in and out of the College. Working within Tutor groups with both tutors and outside agencies, the students had a varied and challenging experience.

Activities included: a visit to Exeter University, Hate Crime workshops with Devon & Cornwall Police, Apprenticeships and Higher Education with Duchy College.

We would like to thank all the organisations that supported the College. Terry Dooley from 'The Cornwall Bakery' said 'It is nice to work with such enthusiastic young people - they came up with some great ideas'.

**YOUR FUTURE
IS CREATED
BY WHAT YOU DO
TODAY
NOT TOMORROW**



Say it, share it, solve it!

Following the outcomes from our recent surveys with parents, carers and students, we have spent some time revisiting our stance on bullying to ensure that all students and their families know and share strategies to resolve any bullying issues. Thankfully, instances of bullying at the College are rare; however, we would prefer to eradicate it altogether. In addition, the survey results demonstrated that students weren't confident on how to report bullying and felt that some incidents weren't dealt with as expediently as would be desirable.

In response to this, we have reaffirmed our actions with students so that our firm stance on bullying is very clear. It will not be tolerated at Callington Community College. All year groups took part in an extended assembly to inform them on what bullying is and how to report it. Central to the theme of these assemblies was the slogan of **Say it, Share it, Solve it**. Students have been advised that to prevent bullying they must **say**, if they are being bullied, by **sharing** with us their problem we as a

College will respond rapidly to **solve** it for them.

The College will also be working with the Anti-Bullying Alliance on its 'All Together Programme'. In addition to this, the College will hold Anti-Bullying Ambassador training for students. This training is designed to empower students and staff to change the attitudes and cultures of bullying by increasing the level of support available to prevent bullying behaviours occurring.

STOP
BULLYING

I have provided a link to the Anti-Bullying Alliances information on the signs and symptoms of bullying. Here you will also be able to find a link to a parent information pack should you be concerned that your child is being bullied or is bullying someone else.

Please, may I stress that if you feel any concerns about your child and bullying then please contact their Tutor or Head of Year. Should you have any further questions about bullying, please feel free to contact myself and I will be happy to discuss ways that we can support. **Mr A Murray**





STOP BULLYING



**Say it
Share it
Solve it!**

Climate Crisis Day





CHALLENGE ACCEPTED



**Year 7 students are invited to participate
in a Tutor challenge.**

How well do you know your Spanish numbers 0 - 100? Using the Textivate link on Show My Homework practise your numbers and earn points for your Tutor Group. Deadline has been extended to Friday 4 October.

This is the first Spanish challenge of the year - there will be many more to come!



6 Reasons to Put Your Phone Away



by @Inner_Drive
www.innerdrive.co.uk



Lowers Concentration

Having your phone out while doing homework or revision has been shown to reduce performance by 20%.

Warps Your View of Reality

Nobody is as happy as they seem on Facebook or as wise as they appear on Twitter.



Increases FOMO

Fear of Missing Out (FOMO), or the compulsive need to know what others are doing, leads to worse moods and increased anxiety.



Reduces Memory

Instant messages are distracting, which often leads to forgetfulness



Increases Stress and Anxiety

Over use of mobile phones leads to increased anxiety, feelings of loneliness and low self-esteem. Reliance on mobile phones can cause irritation, frustration and impatience.



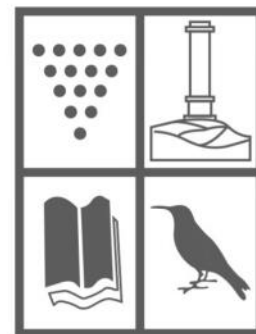
Makes You Sleep Worse

Prolonged use of a mobile phone leads to poor sleep quality and duration. The backlight on your phone delays the release of Melatonin, which is a hormone important for sleep.



Autumn Term

LUNCHTIME CLUBS



Monday

| | | | | | |
|-----------------------------|-----------|-----|-----------------|---------------------|------------|
| Brass Ensemble | All Years | B4 | 1.30pm – 1.55pm | Mr Jones | Week A & B |
| Junior Strings | Y7-11 | B3 | 1.30pm – 1.55pm | Mr Montgomery-Smith | Week A & B |
| Physics Revision | Y11 | E13 | 1.30pm – 2.00pm | Mr Smith | Week A & B |
| Spanish Higher Tier Support | Y10/Y11 | C7 | 1.30pm – 1.55pm | Ms Trujillo | Week A |

Tuesday

| | | | | | |
|--|-----------|-----|-----------------|-------------------------------|------------|
| Choir | All Years | B3 | 1.30pm – 1.55pm | Mrs P MacDougall, Mr Procter | Week A & B |
| Ecology Club | All Years | E10 | 1.30pm – 1.55pm | Mrs Hills, Mrs Davis-Butler | Week A & B |
| Fitness Club | Y9 - Y11 | CVR | 1.35pm – 1.55pm | Mrs Williams | Week A & B |
| History Club | Y11 | C4 | 1.30pm – 2.00pm | Mr Smith | Week A & B |
| Little Shop of Horrors Production Band - Invite Only | All Years | B2 | 1.30pm – 1.55pm | Mr Lane, Mr Procter, Mr Crago | Week A & B |

Wednesday

| | | | | | |
|---------------------------------|---------------|-----|-----------------|-------------------|------------|
| Girls in Science | Y7 - Y9 | E11 | 1.30pm – 2.00pm | Mrs Frost | Week A & B |
| Junior Singers | All Years | B3 | 1.30pm – 1.55pm | Music Ambassadors | Week A & B |
| Production Rehearsals | Y8/Y9/Y10/Y12 | DRS | 1.35pm – 1.55pm | Mr Plunkett | Week A & B |
| Spanish Foundation Tier Support | Y10/Y11 | C7 | 1.30pm – 1.55pm | Ms Trujillo | Week A |

Thursday

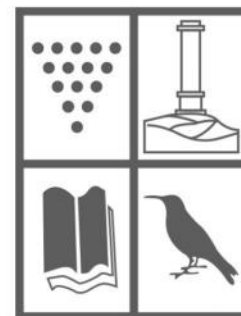
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|---|-----------|-----|-----------------|--------------|------------|
| Fitness Club | Y9 - Y11 | CVR | 1.35pm – 1.55pm | Mrs Williams | Week A & B |
| Science Homework/Revision (invite only) | Y11 | E11 | 1.30pm – 2.00pm | Mrs Frost | Week A & B |
| Spanish Support Session | Y10/Y11 | C14 | 1.30pm – 2.00pm | Ms Fernandez | Week A |
| Taiko Club | All Years | B1 | 1.30pm – 1.55pm | Mr Procter | Week A & B |

Friday

| | | | | | |
|----------------------------|---------|-----|-----------------|-----------|------------|
| A Level Physics | Y12/Y13 | E16 | 1.30pm – 1.55pm | Mrs Lewis | Week A |
| GCSE Science (invite only) | Y11 | E12 | 1.30pm – 1.55pm | Dr Turner | Week A & B |

Autumn Term

AFTER COLLEGE CLUBS



Monday

| | | | | | |
|---|---------------|-----|-----------------|---------------------|------------|
| Astronomy Club | Y8 - Y12 | E7 | 3.00pm - 4.10pm | Mrs Osborne | Week A & B |
| College Production | Y8/Y9/Y10/Y12 | DRS | 3.05pm - 4.15pm | Mr Plunkett | Week A & B |
| Fitness Club | Y9 - Y11 | CVR | 3.15pm - 4.15pm | Mrs Williams | Week A & B |
| Orchestra - Intermediate/Advanced ability | All Years | B1 | 3.15pm - 4.15pm | Mr Montgomery-Smith | Week A & B |
| Science Support Club | Y9 - Y11 | E9 | 3.00pm - 4.00pm | Mr Hutchins | Week A & B |
| Science Support Club | Y7/Y8/Y12/Y13 | E15 | 3.00pm - 4.00pm | Mr Baker | Week A & B |

Tuesday

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|--------------------------|--------|-----|-----------------|---------------------------|------------|
| A Level Physics Revision | Y13 | E16 | 3.10pm - 4.15pm | Mrs Lewis | Week B |
| Rugby Club (Boys) | Y7/Y8 | SPH | 3.15pm - 4.15pm | Sign up with Mrs Williams | Week A & B |
| Rugby Club (Girls) | Y9/Y10 | SPH | 3.15pm - 4.15pm | Sign up with Mrs Williams | Week A & B |

Wednesday

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|-------------------------|-----------|------|-----------------|-----------------------|------------|
| A Level Biology | Y12/Y13 | E4 | 3.00pm - 4.00pm | Mr Petherick | Week A & B |
| A Level Chemistry | Y12/Y13 | E14 | 3.15pm - 4.15pm | Mr Taylor | Week A & B |
| Art & Photography Club | Y9 - Y13 | A3/4 | 3.00pm - 4.00pm | Mr Hortop, Ms Ramwell | Week A & B |
| Basketball Club | All Years | SPH | 3.15pm - 4.15pm | Mr Hammond | Week A & B |
| Fitness Club | Y9 - Y11 | CVR | 3.15pm - 4.15pm | Mrs Williams | Week A & B |
| Netball Club | Y7 - Y11 | SPH | 3.15pm - 4.15pm | Mrs Hastings | Week A & B |
| Soul Band (invite only) | All Years | B2 | 3.15pm - 4.15pm | Mr Procter, Mr Crago | Week A & B |

Thursday

| | | | | | |
|--|-----------|-----|-----------------|---------------------------------------|------------|
| Football Academy (Boys) | Y7 - Y9 | SPH | 3.15pm - 4.15pm | Mr Piper, Mr Hazeldine, Miss Mitchell | Week A & B |
| Football Academy (Girls) | Y7 - Y11 | SPH | 3.15pm - 4.15pm | Mr Piper, Mr Hazeldine, Miss Mitchell | Week A & B |
| Little Shop of Horrors Production Band (invite only) | All Years | B2 | 3.15pm - 4.15pm | Mr Lane, Mr Procter, Mr Crago | Week A & B |
| Maths Club | All Years | E3 | 3.00pm - 4.00pm | Mrs Maitland | Week A & B |
| Spanish Support Session | Y10/Y11 | C14 | 3.05pm - 4.00pm | Ms Fernandez | Week A |

Friday

| | | | | | |
|---------------------------------|---------------|-----|-----------------|-------------------------------|------------|
| College Production | Y8/Y9/Y10/Y12 | DRS | 3.05pm - 4.15pm | Mr Plunkett | Week A & B |
| Fitness Club | Y9 - Y11 | CVR | 3.15pm - 4.15pm | Mrs Williams | Week A & B |
| Friday Band - Beginner/Advanced | All Years | B2 | 3.15pm - 4.15pm | Mr Lane, Mr Procter, Mr Crago | Week A & B |
| Tennis Club | All Years | SPH | 3.15pm - 4.15pm | Tennis Coach | Week A & B |