

# The Callington Voice

OFFICIAL NEWSLETTER OF CALLINGTON COMMUNITY COLLEGE



## A meal with a difference

10SO sat down to a lunch with a difference this week. Inspired by a member of the tutor group, and after hearing about living with a visual impairment, we decided to get involved in October's Blindness Awareness month activities and have a blindfold meal together. Plans began last week with a crucial decision – what would we eat?! The popular favourite was pizza which Mrs Walker from the canteen kindly made for us and then it was simply a case of finding enough blindfolds to ensure all 16 of us were suitably 'blinded'.

It turned out to be an interesting experience not only in terms of opening our eyes to the truth about how much we rely on sight but also an insight into who is the loudest in our tutor group – not that we were really in much doubt! While it was clear we were all having a good time, students also acknowledged afterwards that they had felt quite disorientated to start off with. 'I felt really self-conscious', said one while another described the sensation as 'disconcerting'.

'I didn't really realise how much I relied on my sight. I couldn't even appreciate the food the way I normally do.' We agreed a lot of the time, the anticipation of an enjoyable meal to come begins when you see the food headed your way and without sight we were suddenly relying on touch and smell which somehow didn't satisfy in the same way.

On the other hand, the heightened awareness of the other senses and of hearing and touch in particular, was quite revelatory to some of us. We had to be much more careful in our movements, from passing food to pouring juice from a jug - there ended up being a bit of mopping up going on!

'I felt like you became more aware of people's personalities coming through in their voices,' said one student while another talked about how they found it harder to communicate because they couldn't see the facial expressions and body language of others.

Hopefully, sharing this experience with others will help raise awareness of what partially sighted and blind people have to deal with every day. With a number of partially sighted students in the school, it is imperative that we all have sensitivity and understanding as one of these students explains here: 'I'm 14yrs old and living with sight loss. Being a teenager is hard enough, but when you have a visual impairment too it makes life even harder. People should try and be aware of other people's needs - things as simple as turning a light switch on or moving an obstacle out of the way. There are many types of vision problems and not all of them are outwardly visible.

Be considerate. Be kind. It could be you.' **Mrs S Olsson**





# Parents/Carers and Alumni!

Callington Community College's Careers Department needs you!

Could you spare half an hour to come in and talk about what you do for a living? Our students really want to hear about what you did to get where you are today, what is great (and not so great) about what you do and what they need to do to enter your profession. We can arrange for you to talk to a small group of Sixth Form students or a whole year group of Year 7 or 8 students and anything in between. Research is very clear that students find this an aspirational way of learning. If you could spare some time then please contact Jonathon Plunkett, Careers Lead, on [jplunkett@callingtoncc.net](mailto:jplunkett@callingtoncc.net) or on 01579 383292.



# Not all superheroes wear capes!

## Praise for teenager who helped man on A38 bridge

A teenager who helped talk a man down from railings on Cornwall's A38 is being hailed a hero. Emergency services were scrambled to Liskeard on Monday 15 October, amid concerns for a man on the bridge.

Pirate FM reported that 15-year-old Hagan Williams' family have told them he managed to hold him and keep him calm.

The Callington Community College's student's Great Aunty, Rena Barnes, said they did not want his bravery to go unnoticed. "This was my 15 year old great nephew, Hagan Williams who held tight to the man and calmly talked him out of it. He is such a hero! His

mum is Max Williams and is such a very proud mum right now. "Hagan feels that he did nothing but I think he deserves to be put through for a bravery reward". "Biased or not he deserves recognition for his actions".

Rena came forward after Liskeard Police posted an appeal on their Facebook page, to thank everyone involved.

If you have been affected by any of the issues in this article, you can call the Samaritans 24hr free helpline on 116 123, or by visiting [www.samaritans.org](http://www.samaritans.org).

He is such a hero!

## Football success!

On a warm Autumnal afternoon 29 Year 7 students marshalled by Mr Hazeldine and Mr Piper travelled across Cornwall to take on Richard Lander's finest footballers. The 28 boys and 1 girl played in 1 of 3 teams. A cup team (to play in the national elite FA cup), a Cornwall league team (to play Richard Lander's second team) and a development side - some of these players had never played competitive football before.

Nerves were high for this inaugural academy fixture. The cup team started slow, maybe due to the 55 mile bus trip, however they settled into their rhythm and began to play some outstanding passing football. By half time they were 4-0 up - sensational goals from Finley Skews (x 2), Rhys Lindsell and James Brenton ensured the half time team talk from Mr Hazeldine was an easy one. The start of the second half saw the back three of Sam Neale, Erin O'Shea and Karl Peters keep out the early onslaught from the Lander attackers. Goals from Dylan and Daniel Bentley finished off the game in style. Special mention

must go to man of the match Ed Harrison playing his first game in a new centre midfield roll. The next game is now at home to Ivybridge on Wednesday 7 November.

The league team started off at a frantic pace, rattling the back four of Lander early on. Reggie breaking the deadlock and George calmly adding a second. The team, excellently marshalled by captain Luke Howe, held on for a great victory.

The performance and goal of the day came from the development team. The driving run, silky skills and calm finish of Kasper was the pinnacle of a performance from all 9 young men. Mr Hazeldine and Mr Piper proudly said "all 29 players were a credit to the College and the new football academy. Their behaviour was exemplary and this was matched with their attitude and team work." It was particularly pleasing to see Erin O'Shea play in the cup squad and put in a match winning performance. **Football is a sport for all.**

A credit to the College



## Jamboree Joy for Jack

Jack Reddicliffe (Year 12) has been selected to represent the UK and Devon at the World Scout Jamboree in America in 2019. He had to attend a selection camp with 200 other candidates and was successfully selected for one of the 63 places.

**Congratulations Jack!**

Do you have any good news stories that you would like to share?

Contact us via e-mail

**[thevoice@callingtoncc.net](mailto:thevoice@callingtoncc.net)**



# Stay Safe and Well Workshop

Callington Community College Sixth Form recently held a Stay Safe and Well workshop to raise awareness and offer advice and guidance around key topics such as physical health and wellbeing, staying safe online, sexual relationships, alcohol and drugs and mental health. Students took part in four interactive and engaging workshops, which allowed them to explore and discuss key issues that may affect them as young people.

Working with external partners Brook and Plymouth Argyle Football in the Community, the students also received information, guidance and advice

about who to approach if they were ever affected by any of these issues. Mr A Yendell, Director of Sixth Form, commented: 'It's really important that we support our young people beyond just their academic qualifications. Our young people are under greater pressure than ever before and ensuring they recognise how to stay safe and who to turn to if needed was the main aim of this important event.'

Sixth Form students will continue to experience further events and workshops throughout the academic year that further develop them as young people.



## Brains and Brawn!

Congratulations to former Callington Community College Sixth Form student Christian Judge, who recently made his debut for Aviva Premiership giants Saracens Rugby Club. Not only a success on the rugby field, Christian left Callington in 2011 after securing 3 A's in his A level History, Geography and Economics alongside an A in his Level 3 EPQ qualification. Everyone at Callington Community College is immensely proud of Christian for all his achievements and wish him the very best on his rugby journey.



# Top Tips for Young People at Halloween



Cornwall Fire & Rescue Service have issued some advice to ensure that Halloween is a happy and safe time for everyone, whether young or old. Here is their advice (for parents/carers and students) on how to have an enjoyable and safe Halloween. **Tips for students include:**

- Always be accompanied by an adult when you are trick-or-treating.
- You should only go to houses of people that you know and who are happy for you to call.
- Stay safe, keep to places that you know and are well lit.
- Do not take short cuts through gardens, alleyways or parks.
- Watch out for traffic - drivers might not see you.
- If you are wearing a mask make sure that you can see where you are going and are aware of your surroundings.
- Carry a torch and a fully charged mobile phone (if you have one).

**Tips for parents:** The safest way for children to celebrate Halloween is by going to an organised party. Lots of children like to go trick-or-treating at Halloween. It is recommended that they always go out in groups and younger children should be

accompanied by an adult. Older children should agree with parents/carers exactly where they are going and if possible which houses they intend to visit. It is likely to be dark outside – make sure they have torches and only walk down well-lit streets.

If your children have a mobile phone make sure they take it with them and check in at regular intervals to let you know all is well. Agree in advance a time when they will be back home and make sure one of them has a watch. Make sure your children know not to enter anyone's house and not to accept lifts in people's cars. Talk through the idea of trick or treat, and make sure your children are aware that some people do not want to be visited on Halloween.

Ask your children not to eat any sweets or other goodies that they have been given until they get home. Giving them a meal or snack before they go might help them resist temptation! Carefully check all the things your children have been given. Sweets and food that are still in their original wrappers are safest.

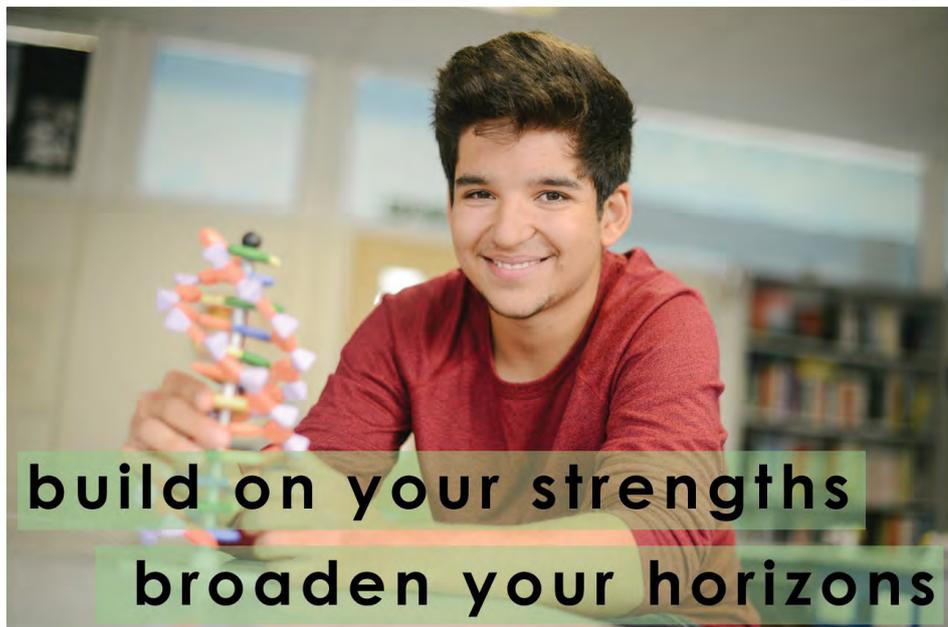
**Happy Halloween!**

## SIXTH FORM

# OPEN EVENING

THURSDAY 22 NOVEMBER

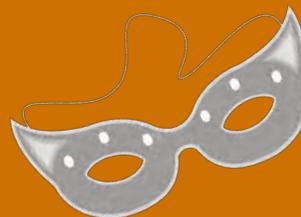
6pm - 8pm



## Save the Date!

June Ball (Year 11)

Friday 21 June



**Non**

**Uniform  
Day**

Friday 2  
November

**£1**





# I don't like cricket, oh no, I love it!

**Callington Community College cricketers working with Marcus Trescothick to help coach Callington Primary students.**

Both schools enjoyed an afternoon of cricket overcoming the weather to have a magnificent time. This was the final leg of his 400 mile cycle to raise money for Hospice Southwest. Marcus delayed the final part of his journey by an hour to umpire a match between the schools. The smiles on the faces are proof of how much every student enjoyed this event.

Mrs Kelly, PE Co-ordinator for Callington Primary, thanked Mr Hazeldine for organising the event and creating stronger links between the primary and secondary schools.



## Choosing the right direction

Careers and Enterprise Education at Callington is led by Mr Plunkett with the help of Mr Yendell. Miss Wilbraham leads Work Experience in Years 10 and 12. At present the careers department is between spaces in the College but this has not stopped this being a great start to the year. Mr Plunkett is being trained to become a Level 6 Careers Advisor and all our Year 11 students are being offered a one-to-one careers interview. Our Careers and Work Experience area on the website is packed full with useful advice and contacts while we are soon holding a series of careers events where a number of different employers will come in to work with students in college. We are always keen to engage with parents/carers who perhaps run a business or work for an organisation that could contribute to these sessions. Please contact Jonathon Plunkett, Careers Lead, on [jplunkett@callingtoncc.net](mailto:jplunkett@callingtoncc.net) or on 01579 383292. Please note the dates of 1<sup>st</sup> November 2018 (Key Stage 4 Careers Event) and 14<sup>th</sup> February 2019 ("I Love Work" Day - Years 7, 8 and 9). We are also planning a Parent Information Evening where employers and Colleges will come in to talk about future pathways.

