

# The Callington Voice

OFFICIAL NEWSLETTER OF CALLINGTON COMMUNITY COLLEGE



## Ocean Day sets sail on a wave of success

On the last day of term a group of students and teachers worked together to bring the first Ocean Day to Callington Community College. From start to finish, the day provided an excellent mix of learning and fun and proved that we are a school who care about the environment we live in and really want to make a difference.

The day started with a presentation to Year 7 from a guest speaker from the organisation we had chosen to support, Rame Peninsula Beach Care. Clare was both interesting and clearly very passionate about her subject and we learned much about the problems with packaging and plastic in the ocean and what people are doing about it. It was heart-breaking to see images of young Cornish seals caught up in huge amounts of waste but also empowering to see what so many dedicated people are doing and how we too could make a difference.

Year 7 then spent the rest of the day on a carousel with a varied program of activities which took them from the Science department to Art, Media, English and Geography. Sessions led to a greater understanding of the problems and our contribution to them.

In Science, classes reviewed marine food webs and how different species catch or find

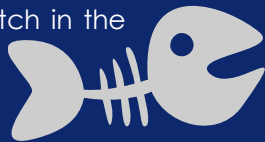
their food. Students then dissected fake marine animal stomachs to find them full of plastic. They analysed how that animal may have accidentally or deliberately eaten that rubbish, as well as what alternative material could be used for that item. In English and Media, the focus was on the power of words, slogans and images and how we use them to protest, campaign and encourage people to adapt their views. When in Art, the students were able to experience and create Gytaku prints onto maps of Cornwall and Devon. They used recyclable materials and poly fusion to make small brightly coloured collages, which will become part of a large installation. Students also had the opportunity to improve their observational skills by working with charcoal and chalk studying fish heads and working on A3 cartridge paper. In Geography students

**The greatest threat to our planet is the belief that someone else will save it.**

Robert Swan

learned all about the Great Garbage Patch in the ocean.

Students were encouraged to examine their lifestyles and reach conclusions about ways in which they could change their daily lives to reduce their use of finite and destructive resources. Many of our students are planning to use reusable water bottles, lots will recycle more, some are planning to beach clean or pick up plastic rubbish when they are out and about, and some are hoping to change their eating habits, like not eating fish caught in nets or buying fruit & veg that isn't packaged up in plastic.



Throughout the 40 minute break, the hall was buzzing with people engaged in a wonderful range of fun games which still raised awareness of the day's overall aim. There was speed recycling separation, rubbish fishing, treasure hunts, can games, bake sale and face painting to name but a few. On stage, singers and musicians kept the party atmosphere going. A bit of a highlight was the teacher race where some intrepid volunteers agreed to dress up in wetsuits and snorkelling equipment, complete with flippers and 'run' down the hall collecting as much rubbish from off the floor as they could. The winner was Ms Wilson who managed to get a splendid collection of recyclable items.



As well as Year 7 having this rich experience, a group

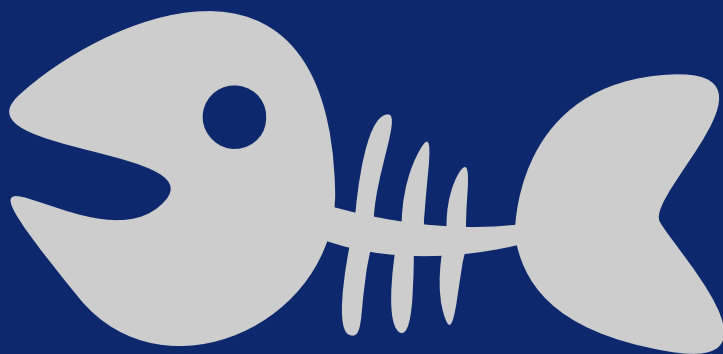
# STOP OCEAN PLASTIC POLLUTION!

of dedicated student volunteers from across all the year groups had spent previous weeks preparing fundraising activities to run during the lunch time.

These fundraising endeavours raised a good sum which was then combined with funds from the staff raffle. For this we were lucky enough to get a generous voucher donation from Nomads in Launceston, a Fairtrade shop which stocks environmentally friendly fashion and products as well as some other great donations from the staff body.

In total the day raised nearly £600 which is a phenomenal achievement.

**Mrs S Olsson**





# The World Famous Arrowbarrows!



The Arrowbarrows are a wheelbarrow display team from South East Cornwall - they are wheeling out their barrows on Bank Holiday Monday at the Harrowbarrow May Day.

Callum McGinley in Year 10 joined the Arrowbarrows in 2018, together as a team they attend regular rehearsal evenings in order to achieve various manoeuvres and skills to provide an outstanding display. Not only is it a fantastic display to watch, it has also been a huge fundraiser over the last ten years donating to local charities and making a difference to people's lives.

Callum says 'I only joined The Arrowbarrows last year, and I have had great fun with the other team members practising and getting good at being part of this

prestigious team. Being partially sighted and partially deaf I feel honoured to have been a part of this great team who have given me support and courage to take part in their displays.



I look forward to our display on Monday at Harrowbarrow Village Hall, the fun starts at 2pm with our final display at 4pm. All are welcome to come and watch us'.

Mrs A Castle (Relative)

**'Callum is a valuable member of our squadron'**

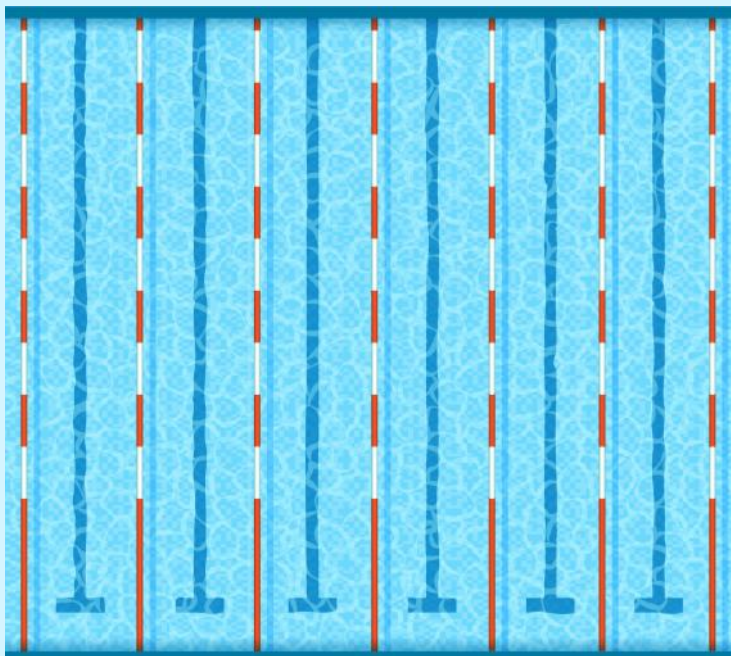
Graham Carter (The Arrowbarrows)

## Primary School Swimming Gala Qualifier

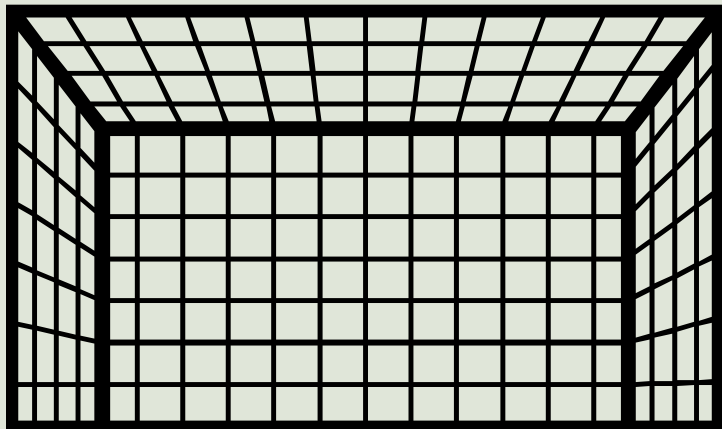
Thursday 25 April saw Mr Piper take 6 student leaders out to organise and run the latest Callington Cluster primary school games qualifiers. The pool at Lux Park hosted four schools competing in over four age groups. The event was a success with Saints Primary School progressing into the next round.

Mr Piper said afterwards that it was great to see so many schools and students enjoying themselves whilst competing so well for their school.

We will update you in the next issue as regards the next qualifier which has taken place this week. Callington Community College have hosted the Mini Tennis qualifiers inside our brand new Dome. Well done to all schools and participants on a successful competition and we look forward to the next one. Thanks to Julie from Arena who helped with the planning and organising of the event.



# Even in defeat we claim victory



On Tuesday 23 April the Year 7 girls and boys football teams travelled to Callywith College for the Cornwall County Football Finals. This was the first time in recent years that a girls football team from



Callington had reached this stage of the competition, and with the formation of the new Academy happening at the start of this year and

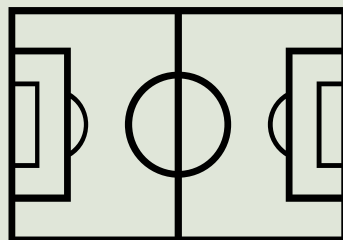
the subsequent sponsorship from Ginsters, it was a fitting close to the season. We went into the match without two of our regular players (Jess as striker and Jaden in central defence), however, the team were still able to compete thanks to Millie, Grace and Rose who stepped forward the night before to volunteer to represent the College. We

cannot thank these girls enough for the bravery they showed in joining a team at such short notice, and their efforts throughout the match were fantastic. Richard Lander were fierce competition and showed early on



in the game that they are used to playing as a unit - with passages of passing play and moving for each other to create space. Our girls took a little time to settle into the game and overcome their nerves and Richard Lander had 3

goals by the half time whistle. Callington were struggling for an outlet up front and whilst we were starting to dominate in the middle of the pitch, we couldn't create chances on goal. At half time we made changes to the formation and talked the girls through some tactical ideas. To say it was a game of two halves would be an understatement. Callington controlled most of the second half, with shot after shot at the Lander goal. Balls went just wide, just over, blocked by the keeper, frantically scuffed away by the defence, but just not quite into the net. With Amelie joining the midfield, Erin and Elowen were able to push up more, whilst Grace and Erin held firm in the back line. Lauren showed strength and determination along side



Emily and Rose in the forward line as they continued to push for a goal. 3 lucky breaks saw Lander claim additional goals in what was a courageous and passionate Callington performance in that second half. It is rare for players to take on board all of what the coach says at half time in the pressure situation of a Cup Final, but the girls did everything that was asked of them and chased every ball with everything they

had. Player of the Match (voted for by the opposition as well) was Karlie in goal. Some of her saves wouldn't have been out of place on Match of The Day! Whilst we didn't come away with the result that we so desperately hoped for, there was nothing more we could have asked from the girls and we are immensely proud of their performance and their overall involvement this year. Thank you finally to all of those parents and students who came to Bodmin to support our teams, we very much appreciated you being there. **Miss C Mitchell**





# Year 7 Reducing, Reusing and Recycling Homework

Year 7 students in Mr Williams Geography class have been designing a range of new items from unwanted goods in a bid to reduce the amount of waste going to landfill.

The homework coincides with the 'Local Actions have Global Impacts' topic, where sometimes small, often seemingly insignificant actions, can have a big impact globally. Western societies have overconsumed for decades, creating over 80% of global waste. We are all responsible for reducing unnecessary consumption and recycling as much as possible.

Mr Williams room has become home to many creative and inspirational products all made from waste materials. Some items of note are a wizard staff, snow globe, bird feeders, animal stationary holders, piggy banks, handbags, and even a lamp.

Mr Williams said "I have been amazed by the time and effort that the students have put into their homework, they are a true credit to the school and

the community".

A display is planned for the College library to exhibit the student's creative designs.

Next time you go out to buy something new, think to yourself do I really need this? Maybe you could create something out of your old items that could do the job instead. **Mr B Williams**



## Grand National Success

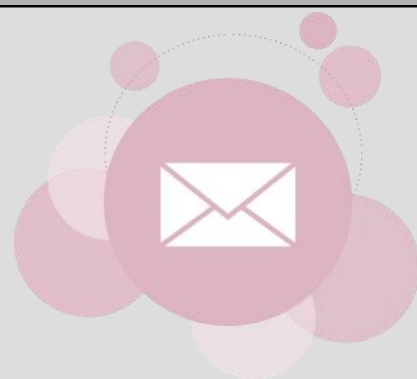
The Jockey of the horse that finished 4th in the Grand National was a former Callington student - James Best riding Walk in the Mill. Another amazing performance from one of our alumni!! Well done James! **Mr I Smith**



Do you have any good news stories that you would like to share?

Contact us via e-mail

**thevoice@callingtoncc.net**



## Attendance Update 22.04.19

You've got to be in it, to win it!

Year 7

**7RPR**

**100%**

Year 8

**8MB**

**98.2%**

Year 9

**9HB**

**100%**

Year 10

**10AP**

**93.9%**

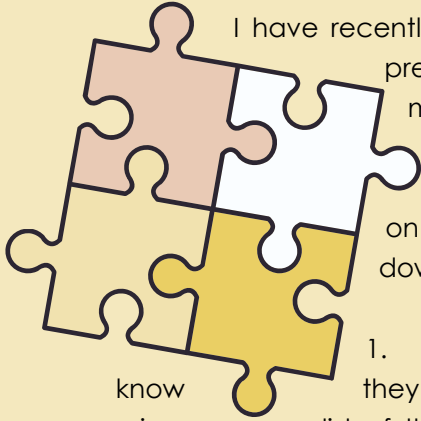
Year 11

**11AL**

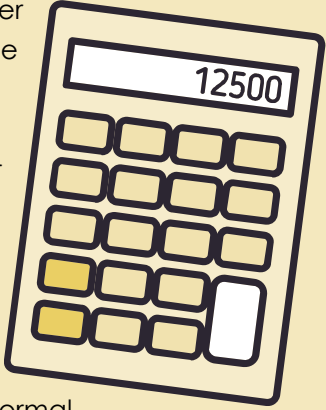


**97.3%**

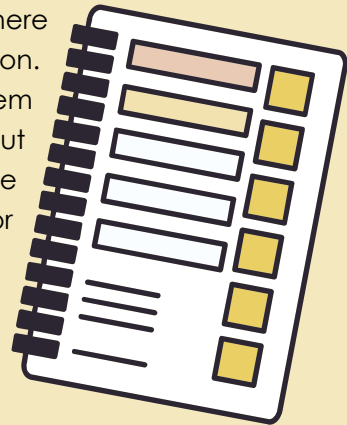
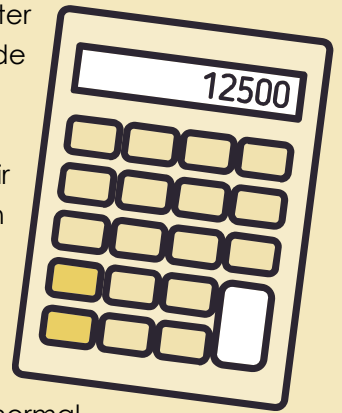
# Top 10 revision tips for teachers and pupils

**Charlie Anderson, Deputy Headteacher at The John Henry Newman School in Hertfordshire**



I have recently been on what I call my 'revision roadshow' around our school, doing a short presentation to key year groups giving them proven revision techniques, tips and methods that will hopefully prepare them in the best possible way for their upcoming exams. None of these ideas are new but if they are incorporated in to a pupil's revision early enough that they become habit, it should have an impact on their performance. Some of the tips can be supported by teachers, others are down to parents/guardians and the pupils themselves.

1. **Come equipped** – If a plumber turns up to mend my radiator without a spanner, I know they are not going to do a good job! The same applies to revision! Pupils should be given a list of the essential revision equipment. Basics are – stationary, calculator, flash cards, highlighters, post-it notes, pad of paper, revision guides, past papers, water bottle, fruit and any other items you deem necessary. Teachers should provide this list to pupils and make sure the items are available from the school shop.
2. **Have a space to revise** – Most people work best if they know they are in their working environment – we don't go to the cinema to revise. Use the kitchen table or study, ensure all your equipment is here and when you sit there it is your place of work.
3. **Flight mode** – For the periods you are revising turn your phone to flight mode! It may seem hard at first but once you have done it 3 or 4 times it will become normal and soon become a habit. You will also soon realise you are not missing out on much!
4. **Nothing is achieved without a plan** – Things rarely happen by chance, there has to be a plan in place to ensure it happens and the same is true of revision. Provide pupils with a blank revision guide, prefill their exams, encourage them to do a copy for their study area and a copy for their parent/guardian to put on display. Tick it off as you go along so you can see the time you have put in and hopefully see it coming to fruition. Exam Pal is a great app for this.
5. **Know what you need to know** – Ensure pupils have links to all
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the specifications of the examinations they are taking. We send these home at the start of year 11 and again close to the exams. Some pupils find these really useful as a checklist to see exactly what it is they should know for the upcoming exams.

6. **Practice, practice, practice** – Provide pupils

with the links, even better paper copies, of past or practice papers. Encourage pupils to get in to a routine of completing the paper in timed, exam conditions. Marking it or getting someone to mark it. Highlighting areas or topics that need revising. Spend the following session revising these areas or ask your MyTutor tutor to go over it. Do-Mark-Identify-Revise.



7. **Flash cards** – Most pupils I teach and present to, ask me what my preferred

method of revision was and I always say flash cards. You can buy pre-filled cards (Corbett Maths cards are superb) or make your own and they can be used in conjunction with past papers and revision questions. Once you have identified an area that needs more work use the cards to memorise and learn the specific area. There is also a great app for flash cards – Brainscape.

8. **Spaced learning** – Don't do 3 hours long stretches of revision, it just doesn't stay in your head! Break it down in to 30 minute chunks, have a break and then go again. Use the breaks in between to catch up on your phone, have a snack or go for a stretch.



9. **Interleaving** – Mix up the topics and subjects you do on your revision timetable, spending a long time on one thing often gives us the impression we have mastered it but upon returning to it, we have forgotten it. Interleaving means returning to topics and subjects more often, increasing the chances of it 'sticking'.

10. **Team work** – Revision doesn't have to be a solo pursuit! It is a great idea to break up study days by visiting a friend's house and a group of you working together, testing each other, using each other resources and marking each other's work.

And finally 'do the hard work!' – revision shouldn't be easy. Don't just re-read and highlight revision guides and specifications. To remember and progress you need to be pushing yourself and putting in the hard graft! Imagine training for a marathon, it takes long hours pushing yourself to the limit, this should be the same as preparation for your examinations!



# Good luck!



# Reading isn't a chore but a treat!

In Issue 24 we shared with you information about the Accelerated Reader scheme. Every Accelerated Reader book is worth a certain number of points. Students achieve these points by taking a quiz on every book read; the more questions answered correctly, the more points awarded. In addition, students earn points for their Tutor Group. Mrs Julia Turner, our Librarian and Reading Champion updates Mr R Taylor (Head of Year 7) and Mr R Hammond (Head of Year 8) with the latest points on a weekly basis. Mrs Turner commented 'It's just an extra incentive for them and creates a competition between the Tutor Groups. The winning Tutor Group then receives a treat at end of term!'

**Today I'd like to sit and read**

**Forget I have a job I need**

**Ignore the things I have to do**

**And just enjoy a book or two**

Year	1st	2nd	3rd	4th	5th	6th	7th
7	<b>7SFV</b> <b>43 points</b>	7BWS 34 points	7RPR 28 points	7KLH 27 points	7IS 25 points	7LS 21 points	7ADR 16 points
8	<b>8BW</b> <b>47 points</b>	8RM 36 points	8GZ 35 points	8MB 32 points	8MHD 30 points	8SC 20 points	-

On Friday 26 April a tea party took place for selected students from 7SFV and 8BW. The students have outstanding commitment and achievement in Accelerated Reading and gained the most points for their Tutor Groups.

## 7SFV

Carole-Anne Pearce, Kasia Pethick, Rosie Busby, Ellathea H and Isobel R.

## 8BW

Emily Marsden, Bethany Stock, Lauren M, Brooke H, Max M, Nell McCaffrey,  
Grace Wonnacott and Lawrence Wilkinson.





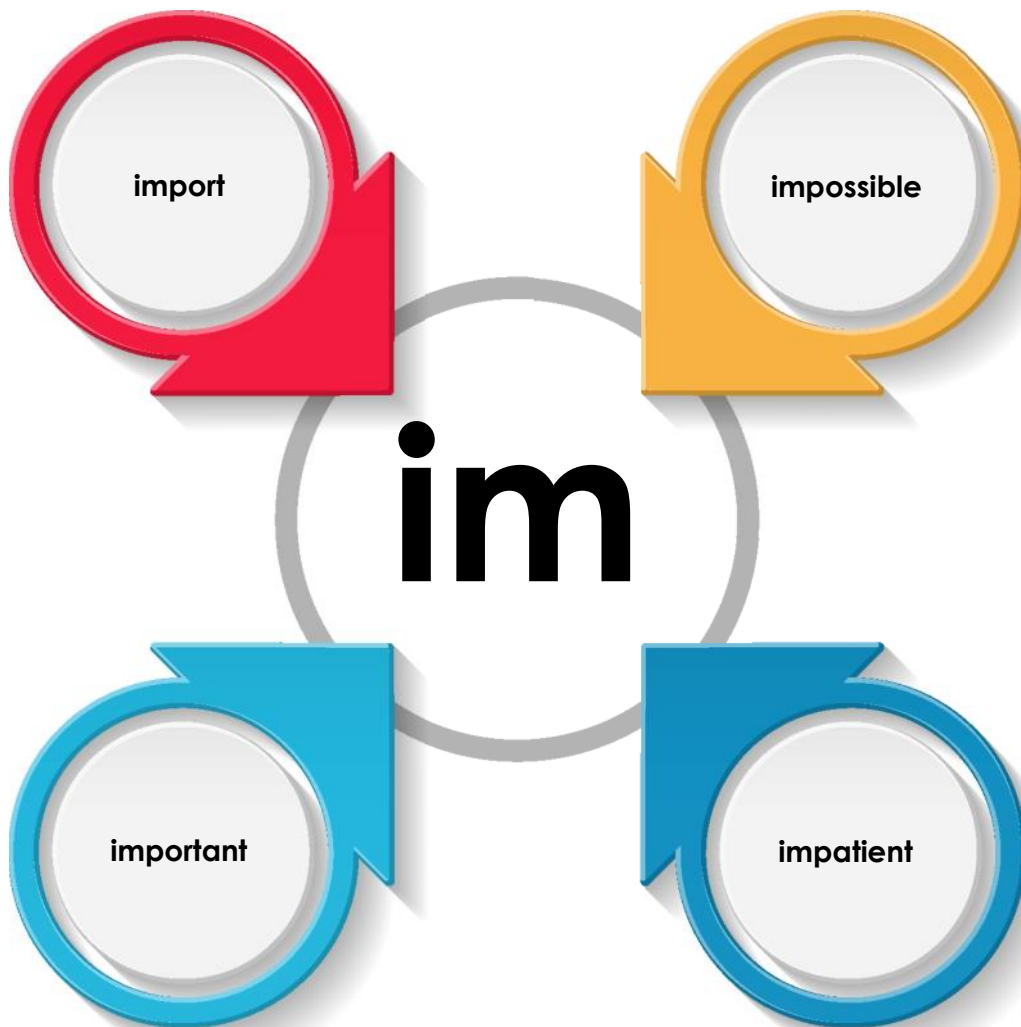
# Life is a song, sing it!



Year 13 student Harvey James has entered the Song Academy Young Song Writing Competition 2019 and has been fortunate to be shortlisted into the Top 30 in the 13-18 category for his composition, Let The Whole World Go By. With inspiration from artists such as John Mayer, Nick Drake and Michael Jackson, Let The Whole World Go By was composed to explain the feelings of 'unease' created by watching the 'rat race' and looking and not understanding how people found meaning in all the pain of the everyday. The only thing the judges look for throughout this competition is pure song writing talent. Songs are judged on

lyrics, melody, chords and instrumentation and whether the song is a sensation. The panellists of judges this year include Tom Odell and Emily Phillips. For more information about the competition and the journey, the competitors will take, please visit the Song Academy Website. Meanwhile, it would be great to show our support to Harvey. Please visit [bit.ly/harveywholeworld](http://bit.ly/harveywholeworld) and give his song 'Let The Whole World Go By' a "like"! We wish Harvey Good Luck in the competition and look forward to seeing the results and where this opportunity leads him.

**Mr A Lane**



## Prefix of the week

**Im** – 'not, opposite' as well as 'in, into' (im is also a variety of in).

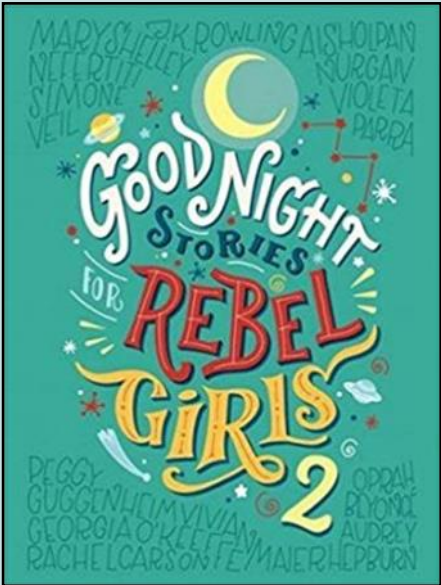
What is the definition for each word? Turn to the next page to find out. Challenge yourself to use the **im-** prefix every day next week! There is a reward for the first person who uses a **im-** prefix word when communicating with Miss Pollard next week!



# Good night stories for Rebel Girls Review

Good night stories for Rebel Girls is an amazing book written by Elena Favilli and Francesca Cavallo in 2016. When I first started reading this extraordinary book it became an inspiration for me to see what these famous, life changing women have been through. The book is about 100 tales of women who have been through something that nobody wants to experience and that comes down to building a primary school to being racially abused.

I have two favourite stories, one of them is Malala Yousafzai because she loved school and wanted girls to have an education but one day men called Taliban took control of the valley and scared everyone with their guns. The Taliban's forbade girls from going to school but Malala stuck up for her rights and wrote about it online and said on TV that "Education was a power for women. The Taliban are closing girls' schools because they don't want women to be powerful." But unfortunately for Malala two Talibans got onto her bus and shot Malala in the head for standing up for her rights. Malala was rushed to hospital and didn't die. "They thought bullets would silence us, but they failed," she said "Let us pick up our books and our pens. They are the most powerful weapons."



**One child, one  
teacher, one  
book, and one  
pen can change  
the world**

Malala Yousafzai

I like this story because she stood up for her rights and also stayed strong when people disliked her for what she believed and thanks to her us girls have an education.

My second favourite story is Rosa Parks because she served as a catalyst for not giving up her seat on a bus because she wanted everyone to be treated the same. Black people and



white people went to different schools, prayed at different churches and so on. Everyone got on the same buses, but they had to sit in different areas; white people at the front of the bus and black people at the back of the bus. One day Rosa was sitting at the back of the bus on her way home from work. It was very crowded and there were not enough seats in the front section (the ones reserved for white people), so the driver asked her to give up her seat and Rosa said no. She spent the night in jail. Rosa's friend declared a boycott. They asked every single black person to not use the buses until the law was changed. The boycott lasted 381 days.

I really like this story because it shows that if you are brave and stand up for yourself things might change.

**P Morgan (Year 8)**

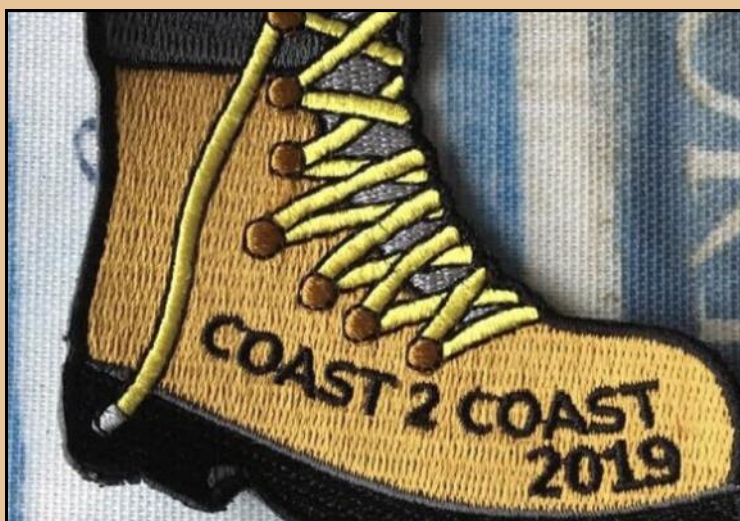
im	Import	To bring <b>in</b> (from Latin 'importare'. 'Im' means 'in'; 'Portare' means 'to carry').
	Impossible	<b>Not</b> possible. Can't do.
	Impatient	<b>Not</b> patient. Can't wait.
	Important	Very valuable, necessary, or significant.

# Coast to Coast 2019

In the midst of storm Hannah last week, myself and 15 other scouts from 1st Liskeard Scouts camped out at Fecck and embarked on a 35 mile hike over 2 days. After very little sleep on the Friday night where we endured 60mph winds we got up at 5am and started our walk from Mevagissey. The winds were relentless and by the end of the day we were down to 11 people. It was a tough day but we managed to cover 22 miles.

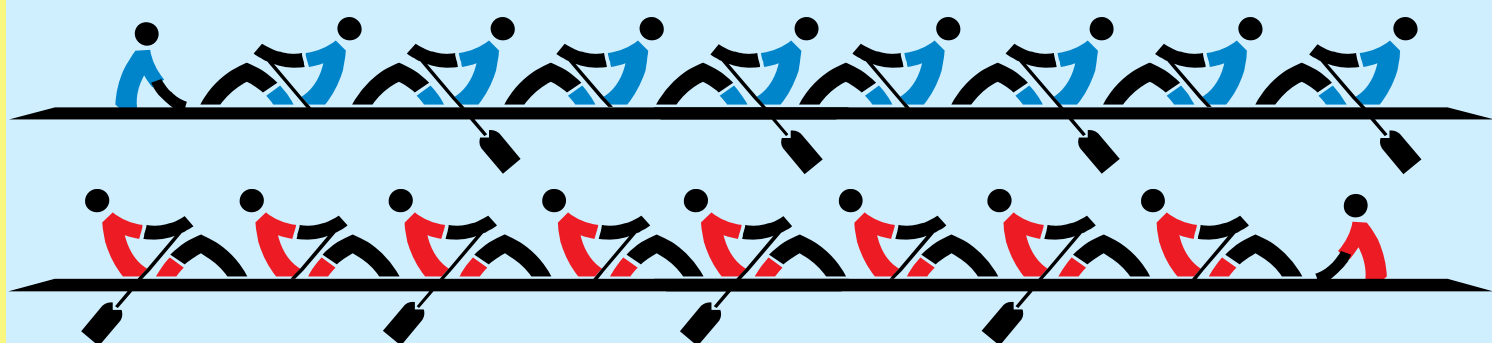
With another early rise (we were now down to 10 scouts) we headed to the North coast, we had to muster every bit of perseverance that we had. The winds had dropped a little but the rain arrived.

After almost 17 hours of arduous conditions we crossed the finish line at Treyarnon, the view of the sea was welcoming and stunning. We were really proud of ourselves as we had to push ourselves to the limit and show resilience. This is the second time that I have completed this challenge but the weather conditions made it much tougher this year, not just on the hike (there were some major hills) but the 2 rough nights of camping too. I bumped into two other students from Year 7 whilst on the hike from another scout group (Callington) who also managed to finish. **Rose Ramwell (Year 7)**



## Row, row, row the boat!

The last week of term saw us take a group of students down to Newquay for the Cornwall School Indoor Rowing Championship. All students who went rowed fantastically well and all finished within the top six of their age group and race. Special mention must go to Daisy in Year 8 who finished runner up in her age group, rowing an amazing 765 metres in 3 minutes, Emma Maunder in Year 11 who rowed 1436 metres in 6 minutes, just missing out on top spot in the county and Joe Hartill in Year 11 who again rowed an amazing race finishing 2nd in his 6 minutes rowing 1612 metres. Well done to all athletes who done the College proud. **Mr R Piper**





# Lunch Time and After College Clubs

## Summer Term 2019

### Week A

Lunch Time

After College



Monday				
Brass Ensemble	All Years	B4	1.25pm – 1.55pm	Mr Jones
Fitness Club	Year 9 to 13	CVR	1.20pm – 1.55pm	Mrs Williams
Junior Strings	Year 7 to 11	B3	1.25pm – 1.55pm	Mr Montgomery-Smith
Fitness Club	Year 9 to 13	CVR	3.00pm – 4.00pm	Mrs Williams
Orchestra – Intermediate to Advanced	All Years	B3	3.15pm – 4.15pm	Mr Montgomery-Smith
Tuesday				
Basketball Club	Year 7 to 10	GYM	1.20pm – 1.55pm	Mr Yendell
Choir and Junior Singers	All Years	B3	1.25pm – 1.55pm	Mrs MacDougall, Mr Proctor
MFL Club	Year 7 & 8	C10	1.20pm – 2.00pm	Mr Rushton
Athletics Club	All Years	FIE	3.00pm – 4.00pm	Mr Piper, Miss Lee, Miss Mitchell
Production/Drama Club	All Years	DRS	3.05pm – 4.15pm	Mr Plunkett
Rugby Club	Year 7 & 8	FIE	3.00pm – 4.00pm	Rugby Coach
Wednesday				
Girls in Science	Year 7 & 8 Girls	E11	1.25pm – 1.55pm	Mrs Frost
Cricket Club	All Years	FIE/SPH	3.00pm – 4.00pm	Mr Hazeldine, Mr Piper
Thursday				
Fitness Club	Year 9 to 13	CVR	1.20pm – 1.55pm	Mrs Williams
Maths Club	All Years	D10	1.25pm – 2.00pm	Mr Mercer
Astronomy Club	Year 8 to 12	E7	3.00pm – 4.00pm	Mrs Osborne
Maths Club	Year 11 to 13	Sixth Form	3.00pm – 4.00pm	Miss Wilkins, Miss Larigo
Production/Drama Club	All Years	DRS	3.05pm – 4.15pm	Mr Plunkett
Rounders Club	All Years	FIELD	3.00pm – 4.00pm	Miss Lindsell, Mrs Hastings
Soul Band (invite only)	All Years	B2	3.15pm – 4.15pm	Mr Proctor, Mr Crago
Friday				
Astronomy and Crafts Club	Year 7 & 8	D13	1.25pm – 1.55pm	Mrs Osborne
Fitness Club	Year 9 to 13	CVR	1.20pm – 1.55pm	Mrs Williams
Fitness Club	Year 9 to 13	CVR	3.00pm – 4.00pm	Mrs Williams
Friday Band – Beginner to Advanced	All Years	B2	3.15pm – 4.15pm	Mr Lane, Mr Crago, Mr Procter
Tennis Club	All Years	DOMES	3.00pm – 4.00pm	Tennis Coach

# Lunch Time and After College Clubs

## Summer Term 2019

### Week B

Lunch Time

After College



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