Journey Awards

#TEAMCallington - Year 8

The things we do outside of the classroom can help us to better understand and enjoy what we learn inside of the classroom. By achieving a Journey Award, you will develop skills, ideas and hobbies that will help you in school and throughout your life. You can do each challenge with friends, family or on your own. To receive a recognition for a completed challenge, you must provide evidence to your tutor (this can be a photo, a letter from a parent, a piece of writing or a discussion with your tutor).

BRONZE Journey Award – complete FIVE challenges
SILVER Journey Award – complete TEN challenges
GOLD Journey Award – complete TWENTY challenges



PLATINUM JOURNEY AWARD – complete at least THREE challenges in every category and show evidence that you have continued improving on your favourite challenges.

JOURNEY GUIDE AWARD – work as a Journey Guide within your tutor group. Share your experiences and help another person to complete a challenge.

	Awar	d Category/Challenge	Tutor Signature	
	Heritage			
share your	*	Take part in The Big Garden Birdwatch 2023		
	*	Research and make a traditional Cornish dish and share with another		
		person		
	*	Research and organise a walking tour around Callington (*SAFETY)		
	*	Learn ten Cornish words and teach them to another person		
	*	Find out about the history of your local area and present to your tutor		
		group		
우	Wellbeing			
ρ	*	Bri <mark>ng joy</mark> to others - share something which made you laugh every day for		
JSS: Are you ready to share your achievements?		a week		
	*	F <mark>ind a</mark> nd share a positive news story		
	*	Ask someone what matters to them most and why		
	*	Organise or join in with a College charity event		
	*	Exercise for 30 minutes every day for a week		
	Discovery			
Sisci	*	Lead a 5 minute presentation to your tutor group about someone who		
E 0		inspires you		
D D	*	Read a non-fiction article or book about any interesting topic and share		
THINK AND DISCUSS: experiences and ach		five new facts		
	*	Look at the stars on a clear night and identify five constellations		
\(\frac{1}{2} \)	*	Ask a teacher to recommend a documentary or article related to your		
· •		learning and watch or read with a family member or friend		
000	*	Borrow and read 5 books from the College library		

	Creativity		
THINK AND DISCUSS: Are you ready to share your experiences and achievements?	★ Write a 100-word story and share it with your tutor		
	★ Learn how to sing a song from beginning to end without looking at the		
	words		
	★ Take a virtual tour of an art gallery or museum		
	★ Plan and cook a three-course meal for your family		
	★ Create a bee-friendly garden		
	Community		
	★ Write a formal letter to an official person about something you are		
	pas <mark>siona</mark> te about		
ad se	★ Join a club or group at school (sports, chess, LGBTQ+, film) and make an		
re	active contribution		
on	★ Actively get involved in a whole college event (e.g. BHM, Antibullying		
rHINK AND DISCUSS: Are you read experiences and achievements?	we <mark>ek, M</mark> ental Health Week, Odd Socks Day, Children In Need)		
	★ Become an active Subject Ambassador		
	★ Pick up five pieces of litter every day for a week.		
	Mindfulness		
es es	Learn a mindfulness/breathing technique and teach it to a family		
NC NC	member/friend		
A A	★ Find and share an inspiring quote with your tutor group		
	Stop and listen to your favourite song every day for a week		
EX X	Share three photos of something you find meaningful or memorable with		
000	your tutor		
	Write down three positive goals at the start of each day for a week * Write down three positive goals at the start of each day for a week		
	and the state of t		

Of course, you may have done something that is not on this list, you can gain recognition for these. Simply write your hobbies/interests in the table below and discuss these with your tutor. You can combine your own activities with those above to achieve an award.

Activity	Award Category	Tutor Signature