

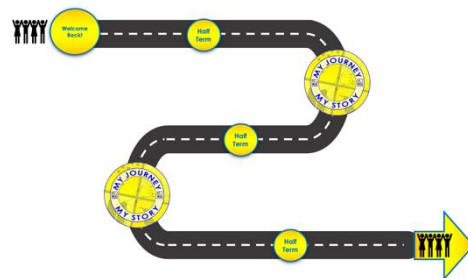
Name:

Tutor Group:

Journey Awards

#TEAMCallington - Year 11

The things we do outside of the classroom can help us to better understand and enjoy what we learn inside of the classroom. By achieving a Journey Award, you will develop skills, ideas and hobbies that will help you in school and throughout your life. You can do each challenge with friends, family or on your own. To receive a recognition for a completed challenge, you must provide evidence to your tutor (this can be a photo, a letter from a parent, a piece of writing or a discussion with your tutor).



BRONZE Journey Award – complete FIVE challenges

SILVER Journey Award – complete TEN challenges

GOLD Journey Award – complete TWENTY challenges

PLATINUM JOURNEY AWARD – complete at least THREE challenges in every category and show evidence that you have continued improving on your favourite challenges.

JOURNEY GUIDE AWARD – work as a Journey Guide within your tutor group. Share your experiences and help another person to complete a challenge.

Award Category/Challenge

Tutor
Signature

Heritage

1. Research (and visit) relics and ruins in the local area (*SAFETY)
2. Present to your tutor group on 'The History of Callington'
3. Take a photo of five local landmarks and write a summary of each (*SAFETY)
4. Record five sounds that represent Callington and write a summary for each
5. Watch a play with The National Theatre and write a review

Wellbeing

1. Organise or join in with a College charity event
2. Eat a healthy breakfast every day
3. Work through the Wheel of Strength
4. Plan your daily routine (revision, rest, commitments) and discuss with your tutor
5. Play sports regularly

Discovery

THINK AND DISCUSS: Are you ready to share your experiences and achievements?



1. Ask a teacher to recommend a documentary or article related to your learning and watch or read with a family member or friend
2. Borrow and read 5 books from the College library
3. Learn how to fix something that is broken (document your progress)
4. Read a book or an article about someone who is not like you

Creativity

1. Invent a new recipe and trial it with family and friends
2. Develop and submit an article for International Writing Day (June 2023)
3. Take a screen break for two hours every day for a week
4. Find a daily 'thunk' and discuss with a friend
5. Take a picture of something that inspires you

Community

1. Write a formal letter to an official person about something you are passionate about
2. Become an active subject ambassador
3. Take the lead on a class display or notice board
4. Represent the College (music/sport/drama)
5. Research and raise awareness for a whole college initiative (e.g. BHM, Antibullying Week, Mental Health Week)

Mindfulness

1. Take a photo of the same point/place every day for a full month, what changes do you notice?
2. Write 25 words to describe something you succeeded at every day for a week
3. Make an A-Z list of things that make you feel happy
4. Draw a picture of someone you really admire
5. Practice mindful colouring for a week

THINK AND DISCUSS: Are you ready to share your experiences and achievements?



Of course, you may have done something that is not on this list, you can gain recognition for these. Simply write your hobbies/interests in the table below and discuss these with your tutor. You can combine your own activities with those above to achieve an award.

Activity

Award Category

Tutor
Signature