

# Callington Community College



**Enrichment Days  
Monday 18<sup>th</sup> July-  
Thursday 21<sup>st</sup> July 2022**

***“Everything is Possible”***

Dear Parents/Carers

As a College, we have held a tight focus this year on developing our curriculum and I am delighted to be able to write to you with information about our upcoming Curriculum Enrichment Days which will take place from Monday 18<sup>th</sup> July to Thursday 21<sup>st</sup> July which will end with our annual Festival of Sport on Friday 22<sup>nd</sup> July. Following two years of disruption and restrictions we are looking forward to enriching our curriculum through a week of challenge, endeavour and teamwork.

We will be offering a wide range of challenging activities that will encourage all students to step outside their comfort zone and try something new.

Your child will have the opportunity to select four different activities throughout the week which range in cost from £0 - £60. The details of each activity are listed in this booklet.

Your child will receive a link to a google form on SMHW on Friday 27<sup>th</sup> May which can also be accessed by [CLICKING HERE](#) to make their choices. **This form needs to be completed by Wednesday 8<sup>th</sup> June.** Students will be allocated four different activities throughout the week based on their choices and confirmation of activities will be sent to parents and carers. You will then receive specific information regarding payment and arrangement for each day.

Although we will do our very best to place students on their first choice of activity, this cannot be guaranteed.

If you do not have access to the internet or you cannot access the form, please contact [moinger@callingtoncc.net](mailto:moinger@callingtoncc.net).

Please do not hesitate to contact me if you have any questions or concerns.

Kind regards,

Mrs Michelle Inger  
Assistant Principal

## **LIST OF ENRICHMENT ACTIVITIES**

**Coasteering and Super SUP**  
**Cooking Sustainably**  
**Crafty Bags**  
**CSI – Forensics Day**  
**Duke of Edinburgh Experience (Open to Year 8 only)**  
**Football Day**  
**Forest School Fun**  
**Green Fingers Gardening**  
**Genius of Jaws**  
**Improv-101**  
**Laser-Tag**  
**Mindfulness and Wellbeing**  
**Mount Edgecombe – Adventures in the Park**  
**Music Day**  
**Paintballing**  
**Summer Sports**  
**Surfing and Bodyboarding**  
**Survival!**  
**3D-DT**

Your child will need to choose a first, second and third choice for each day. We will do our best to ensure your child gets their first choice of activity, though this cannot be guaranteed.

## Coasteering and Super SUP!

Super stand-up paddle boarding (think standard SUP, but much, MUCH bigger). You will paddle your way around Newquay's picturesque craggy coastline that's not only rich in smuggling and pirate history, but abundant in marine life too! Be prepared for some unexpected surprises as Newquay Bay is home to some inquisitive seals and dolphins.

Coasteering, we will be clambering through old smugglers' caves, spotting marine life, negotiating natural rapids and whirlpools before attempting adrenaline-fuelled sea cliff jumps.

**We will be leaving school at 8.30am, but to make the most of the day we will not return to college until 4.30pm, so you will need to ensure that you can make your own way home at that time.**

Cost: £60

Max number students: 31

Lead Teacher: Mr Mercer



## Cooking Sustainably

Do you want to learn to cook in a way that is good for your health, the environment and ultimately the whole planet? Then this is the activity for you! You will spend the day learning how to select seasonal ingredients and cook in a way which reduces waste as well as being completely delicious! At the end of the day, you will sit with you fellow chefs and dine on your delightful dishes.

Cost: £5

Max number students: 20

Lead Teacher: Mrs Layton



## Crafty Bags

It's time to get crafty and create your very own tote bag ready for the summer or as a present for a loved one. Throughout this day you will learn and apply various crafting and design techniques before getting creative and applying them to create your own finished product.

Cost: £3

Max number students: 30

Lead Teacher: Mrs Ramwell



## CSI – Forensic Science Day

Crime Scene Investigation! Spend the day learning about different forensic science techniques and getting hands on experience of chemical analysis, searching for evidence, finger printing. You will learn how evidence is used in court and you will have the opportunity to argue your case in a mock trial.

Can you put your new knowledge to the test to solve the crime?!

Cost: £0

Max number students: 30

Lead Teacher: Dr Turner



## Duke of Edinburgh Experience (Year 8 ONLY)

The DofE award is a nationally recognised qualification which has transformed the lives of many young people from all walks of life. The award was founded in 1956 by HRH Prince Phillip, Duke of Edinburgh.

This is a brilliant opportunity to experience what the DofE Award is all about. It is open to ANYONE and EVERYONE in year 8 with no commitment. Choose this activity if you want to try something new and step outside your comfort zone. If you love challenge, camping, the great outdoors, and team work then this is for you! You will experience the four DofE skills: physical, skill, volunteering, and expedition.

**\*PLEASE NOTE: This activity is across TWO days and involves camping overnight at Maker Heights campsite.**

Cost: £40

Max number students: 45

Lead Teacher: Mrs Heath





## Football Academy Experience

Do you love football?!

This is a day of football fun – some skills and drills, mixed with a tournament and lots of game play. You will need shin pads and footwear suitable for the 3G, plus lots of energy!

Cost: £3

Max number students: 45

Lead Teacher: Miss Mitchell



## Forest School Fun!

Do you love the great outdoors? Do you like adventure and connecting with nature? Yes? Then Forest School Fun is for you!

You will have the opportunity to learn bush craft skills such as making fires, cooking outside, building dens and whittling. You will be also learn and practice skills such as tying knots, using tools like saws and knives and using fire strikes to light our fire.

You will then need to put your new skills to use when you find yourself as a survivor of a shipwreck. What role will you take as you work as a team to set up camp and forage for food?!

We will be outside regardless of the weather!

Cost: £5

Max number students: 12

Lead Teacher: Mrs Cruise and Mrs Jackson





## Genius of Jaws

The film Jaws\* is renowned for being one of the most frightening movies of all time.

But it isn't what you see that is what scares you, it is what you don't see.

For the Genius of Jaws activity, you will watch the film in the morning (with popcorn provided of course) whilst learning about the use of sound, camerawork and editing used to create mystery and fear.

In the afternoon, you will create your own short film, embedding your new skills on how to create tension and fear through things that you don't see.

\*BBFC rating: 12A

Cost: £0

Max number students: 20

Lead Teacher: Miss Kirby



## Improv-101

Improvisation is the art of making things up on the spot. This is the opportunity to practice your comedy skills and learn new techniques from our very own Mr Tredinnick who has performed Improvised Comedy at the Edinburgh Fringe (The world's largest comedy festival!!!).

You will find out what makes good comedy and you will take part in a range of short improv games aimed at building your confidence in thinking fast. You will then work in teams to perform your comedy act at the end of the day!

Everyone, no matter your ability is welcome.

Cost: £0

Max number students: 25

Lead Teacher: Mr Tredinnick



## Laser-tag

Outdoor Laser Tag is an exciting new sport with *DIGITAL* equipment from the USA and a range of up to a massive 400 yards. This exciting activity is played outdoors in among trees and undergrowth to make for a thrilling and realistic experience. Unlike Paintball, Laser Guns fire no projectiles. Laser Tag uses harmless Infrared light as used in your TV remote control to hit or zap the opposition, so no masks are needed, this gives you much more freedom to move and of course much better vision!

Cost: £23

Max number students: 45

Lead Teacher: Miss Mitchell



## Mindfulness and Wellbeing

Experience a day of mindfulness and wellbeing!

During this activity you will have the opportunity to spend some time looking after your physical and mental health.

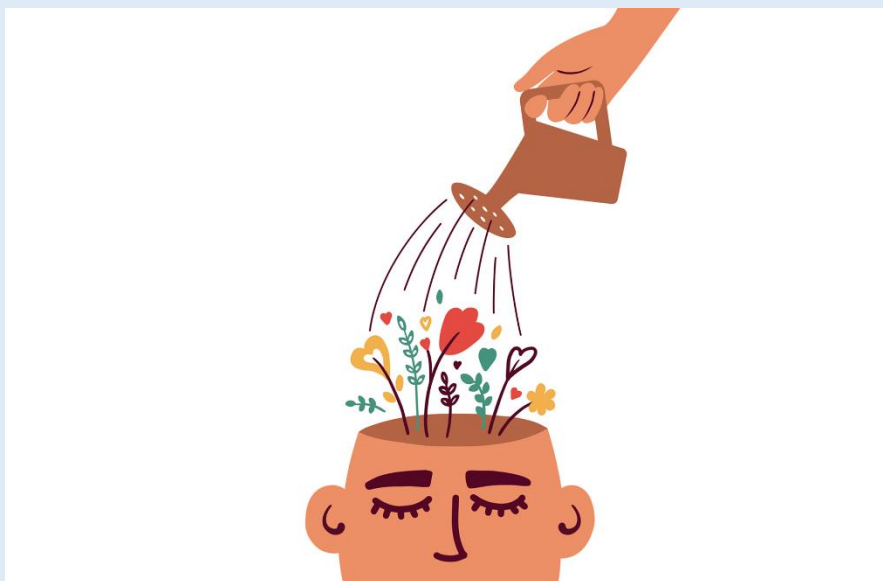
Experience mindfulness colouring accompanied by relaxing music, a professional Tai-Chi session, a nature walk, positivity pebble art and more.

If you are after a quiet day of reflection and calm, this is the activity for you!

Cost: £5

Max number students: 20

Lead Teacher: Mrs Yendell and Mrs Bagshaw



## Mount Edgcombe – Adventure in the Park

Have fun and games at the marvellous Mount Edgcombe with scavenger hunts, beach art, orienteering, nature trails, a hike to Cawsand (plus a stop for ice cream!).

We will play team games, and learn bush craft skills from a real-life ranger. There will be lots of brilliant prizes and awesome awards to be won each day!

All of this whilst enjoying the beautiful, peaceful, unique scenery of Cornwall's hidden gem: Mount Edgcombe country park.

Cost: £8

Max number students: 50

Lead Teacher: Mr Watts & Mrs Frost





## Music Day

Join the music department for a day of magical music fun!

Absolutely everyone is welcome, whether you are a complete beginner, or whether you play an instrument already, there is a place for you. We will come together to create a band and learn a song from scratch and put on a performance in the afternoon.

Music is in all of us. Come and feel the joy of performing and playing with your friends.

Cost: £0

Max number students: 20

Lead Teacher: Mr Lane



## Paintballing

Big Dunk's Paintball is a purpose built UKPSF accredited site with nine game zones set across twenty acres. As part of the day, you will get:

Full safety and rules briefing  
Great tactical advice  
Varied missions with an end goal

You will also be accompanied by at least three experienced paintball marshals. Come and experience some of the most varied terrain and games you can imagine including woodland, marsh, ditches, forts, bales, tyres, pond, river, ravine, 3 bridges, a jungle zone, a seven-room castle and a brand NEW maze!

Cost: £30

Max number students: 45

Lead Teacher: Miss Mitchell



## Summer Sports

If you love being active and playing all sorts of sport, then come along and join us.

With activities such as trampolining, ultimate frisbee, golf and Kinball, we will make full use of all our brilliant facilities and equipment to make sure that you have a fun-filled day.

Sports clothing and trainers needed.

Cost: £0

Max number students: 45

Lead Teacher: Miss Mitchell



## Surfing and Bodyboarding

Challenge yourself with a day of surfing and bodyboarding at Widemouth Bay, on the North Cornwall coast. The day will be led by a team of expert instructors from the OA (Outdoor Activities) Surf Club, who will provide wetsuits, surf boards and body boards, as well as tuition and coaching.

Cost: £35

Max number students: 40

Lead Teacher: Mr Hutchins



## Survival!

In a world where almost everyone has a phone and almost every phone has every app imaginable, do you ever wonder what you would do if your battery ran out? Spend the day learning some basic survival skills and get back to nature with a walk to the top of Kit Hill and enjoy our beautiful Cornish surroundings.

You will learn some basic navigation skills, learn to build shelters and tie knots, play some team games and more.

Cost: £5

Max number students: 40

Lead Teacher: Miss Smyth



## 3D-DT

Come and spend the day in the D&T workshops designing, modelling, and manufacturing **a sculptural but functional product**. This could be a clock, a decorative light, an audio amplifier or simply a freestanding or wall mounted sculpture.

You will take your inspiration from modern artists and you will be instructed in the use of different hand and machine tools involved in metalworking, woodwork and working with plastics.

You will begin by making card models and then develop a final design, you will be encouraged to combine and join different materials in a creative and skilful way. You will be able to take their product home with them, with real pride!

Cost: £5

Max number students: 12

Lead Teacher: Mr Carson

